

**Northeast District
Council of the
OPCMIA Welfare
Fund Benefit
Booklet Plan Year
2021**

Retirees



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Enrollment

The Northeast District Council of the OPCMIA provides a number of resources that will assist members with the enrollment process. Please be sure to check with your Fund Office to find out what your eligibility status is.

Changing Benefit Options

You may only change your benefit plan elections throughout the year due to a life change event. Examples of a life change event are:

- Change in marital status
- Change in number of dependents (birth, adoption, child support order)
- Change in employment status for you or your spouse (new employment, termination, leave of absence)
- Special enrollment rights under HIPPA

Please note – To change benefits or add dependents throughout the plan year, you must contact your Fund Office and provide documentation to support these changes. Acceptable documentation can be:

- Copy of Marriage Certificate
- Copy of Birth Certificate
- Copy of papers showing placement of child in your home
- Copy of court order showing legal guardianship
- Copy of prior year federal tax return showing dependent is claimed on tax documents and proof of incapacity



Major Medical – Aetna Medicare PPO Plan

The Northeast District Council of the OPCMIA offers a PPO Plan for members that are eligible to enroll. Members who enroll on the Aetna Medicare PPO Plan may see doctors of their choice. Please be aware that if you choose to see an out-of-network provider, your out-of-pocket costs will be higher than seeing a provider in the Aetna Medicare PPO network. The Aetna Medicare PPO Plan has a number of services that are covered, if there is a service you do not see, contact your Benefit Administrator for clarification.

Please refer to the following pages to see a detailed list of your Summary of Benefits and Coverage (SBC) and information on the Aetna Silver Sneakers, Access2Care Transportation and Meals at Home Benefits.

Note: when enrolling in the Aetna Medicare PPO Plan, you will receive an ID card in the mail. Please keep this ID card on you and present it to your healthcare provider, or healthcare facility / hospital when receiving services.



NORTHEAST DISTRICT COUNCIL OF THE OPCMIA WELFARE
FUND

Aetna MedicareSM Plan (PPO)
Medicare (P01) PPO Plan
Custom Rx \$10/\$20/\$50/\$50

Benefits and Premiums are effective January 1, 2021 through December 31, 2021

SUMMARY OF BENEFITS
PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES	This is what you pay for network providers	This is what you pay for out-of-network providers
Monthly Premium	Please contact your former employer/union/trust for more information on your plan premium.	
Annual Deductible	\$0	\$0

This is the amount you have to pay out of pocket before the plan will pay its share for your covered Medicare Part A and B services.

Annual Maximum Out-of-Pocket Amount	Network Services: \$3,400	Network and out-of-network services: \$3,400 for in and out-of-network services combined
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Annual maximum out-of-pocket limit amount includes any deductible, copayment or coinsurance that you pay. It will apply to all medical expenses except hearing aid reimbursement, vision reimbursement and Medicare prescription drug coverage that may be available on your plan.

HOSPITAL CARE	This is what you pay for network providers	This is what you pay for out-of-network providers
Inpatient Hospital Care	\$250 per stay	25% per stay

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

Prior authorization or physician's order may be required.

Outpatient Hospital Care	\$0	25%
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Prior authorization or physician's order may be required.



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PHYSICIAN SERVICES	This is what you pay for network providers	This is what you pay for Out-of-network providers
Primary Care Physician Visits	\$10	25%
Includes services of an internist, general physician, family practitioner for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.		
Physician Specialist Visits	\$10	25%
Primary Care Physician Selection	Optional	Not Applicable
There is no requirement for member pre-certification. Your provider will do this on your behalf.		
Referral Requirement	None	
PREVENTIVE CARE	This is what you pay for network providers	This is what you pay for out-of-network providers
Annual Wellness Exams	\$0	25%
One exam every 12 months.		
Routine Physical Exams	\$0	15%
One exam every 12 months.		
Medicare Covered Immunizations	\$0	\$0
Pneumococcal, Flu, Hepatitis B		
Routine GYN Care (Cervical and Vaginal Cancer Screenings)	\$0	15%
One routine GYN visit and pap smear every 24 months.		
Routine Mammograms (Breast Cancer Screening)	\$0	15%
One baseline mammogram for members age 35-39; and one annual mammogram for members age 40 & over.		
Routine Prostate Cancer Screening Exam	\$0	15%
For covered males age 50 & over, every 12 months.		
Routine Colorectal Cancer Screening	\$0	15%
For all members age 50 & over.		
Routine Bone Mass Measurement	\$0	15%



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Medicare Diabetes Prevention Program (MDPP)	\$0	15%
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12 months of core session for program eligible members with an indication of pre-diabetes.

Additional Medicare Preventive Services	\$0	25%
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- Ultrasound screening for abdominal aortic aneurysm (AAA)
- Cardiovascular disease screening
- Diabetes screening tests and diabetes self-management training (DSMT)
- Medical nutrition therapy
- Glaucoma screening
- Screening and behavioral counseling to quit smoking and tobacco use
- Screening and behavioral counseling for alcohol misuse
- Adult depression screening
- Behavioral counseling for and screening to prevent sexually transmitted infections
- Behavioral therapy for obesity
- Behavioral therapy for cardiovascular disease
- Behavioral therapy for HIV screening
- Hepatitis C screening
- Lung cancer screening

EMERGENCY AND URGENT MEDICAL CARE	This is what you pay for network providers	This is what you pay for out-of-network providers
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Emergency Care; Worldwide (waived if admitted)	\$65	\$65
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Urgently Needed Care; Worldwide	\$15	\$15
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DIAGNOSTIC PROCEDURES	This is what you pay for network providers	This is what you pay for out-of-network providers
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Outpatient Diagnostic Laboratory	\$0	25%
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Prior authorization or physician's order may be required.



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Outpatient Diagnostic X-ray	\$0	25%
Prior authorization or physician's order may be required.		
Outpatient Diagnostic Testing	\$0	25%
Prior authorization or physician's order may be required.		
Outpatient Complex Imaging	\$0	25%
Prior authorization or physician's order may be required.		
HEARING SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Routine Hearing Screening	\$0	15%
One exam every 12 months.		
Hearing Aid Reimbursement	\$500 once every 36 months	
Applies to in or out of network		
DENTAL SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Medicare Covered Dental	\$10	25%
Non-routine care covered by Medicare.		
Prior authorization or physician's order may be required.		
VISION SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Routine Eye Exams	\$0	15%
One annual exam every 12 months.		
Diabetic Eye Exams	\$0	15%
MENTAL HEALTH SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Inpatient Mental Health Care	\$250 per stay	25% per stay
The member cost sharing applies to covered benefits incurred during a member's inpatient stay. Prior authorization or physician's order may be required.		
Outpatient Mental Health Care	\$10	25%



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Prior authorization or physician's order may be required.

Inpatient Substance Abuse	\$250 per stay	25% per stay
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay. Prior authorization or physician's order may be required.

Outpatient Substance Abuse	\$10	25%
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Prior authorization or physician's order may be required.

SKILLED NURSING SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Skilled Nursing Facility (SNF) Care	\$0 copay per day, day(s) 1-20; \$20 copay per day, day(s) 21-100	25%

Limited to 100 days per Medicare Benefit Period*.

The member cost sharing applies to covered benefits incurred during a member's inpatient stay. Prior authorization or physician's order may be required.

*A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.

PHYSICAL THERAPY SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Outpatient Rehabilitation Services (Speech, Physical, and Occupational therapy)	\$0	25%

Prior authorization or physician's order may be required.

AMBULANCE SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Ambulance Services	\$0	\$0

Prior authorization or physician's order may be required.

TRANSPORTATION SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers



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Transportation (non-emergency)	24 trips with 60 miles allowed per trip	Not Covered
MEDICARE PART B DRUGS	This is what you pay for network providers	This is what you pay for out-of-network providers
Medicare Part B Prescription Drugs	\$0	25%
ADDITIONAL SERVICES	This is what you pay for network providers	This is what you pay for out-of-network providers
Blood Covered in and out of network	All components of blood are covered beginning with the first pint.	
Observation Care Covered in and out of network	Your cost share for Observation Care is based upon the services you receive.	
Outpatient Surgery	\$0	25%
Prior authorization or physician's order may be required.		
Home Health Agency Care	\$0	25%
Prior authorization or physician's order may be required.		
Hospice Care	Covered by Original Medicare at a Medicare certified hospice.	
Cardiac Rehabilitation Services	\$0	25%
Pulmonary Rehabilitation Services	\$15	25%
Radiation Therapy	\$0	25%
Chiropractic Services	\$15	25%
Limited to Original Medicare - covered services for manipulation of the spine. Prior authorization or physician's order may be required.		
Durable Medical Equipment/ Prosthetic Devices	\$0	25%
Prior authorization or physician's order may be required.		
Podiatry Services	\$10	25%
Limited to Original Medicare covered benefits only.		
Diabetic Supplies	\$0	25%



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Includes supplies to monitor your blood glucose from LifeScan.
Prior authorization or physician's order may be required.

Outpatient Dialysis Treatments \$0 \$0

Prior authorization or physician's order may be required.

Table with 3 columns: Service, This is what you pay for Network Providers, This is what you pay for Out-of-Network Providers. Row 1: Fitness Benefit, Silver Sneakers.

Fitness Benefit Silver Sneakers

Meals Covered up to 14 meals following an inpatient stay.

Prior authorization or physician's order may be required.

Resources For Living® Covered

For help locating resources for every day needs.

Telehealth Covered

Telemedicine Services. Telehealth services covered when provided by PCP, Behavioral Health or Urgent Care providers. Member cost share will apply based on services rendered.

See next page for Pharmacy-Prescription Drug Benefits.



PHARMACY - PRESCRIPTION DRUG BENEFITS

Calendar-year deductible for prescription drugs \$0
Prescription drug calendar year deductible must be satisfied before any Medicare Prescription Drug benefits are paid. Covered Medicare Prescription Drug expenses will accumulate toward the pharmacy deductible.

Pharmacy Network S2
Your Medicare Part D plan is associated with pharmacies in the above network. To find a network pharmacy, you can visit our website (<http://www.aetnaretireplans.com>).

Formulary (Drug List) GRP B2
Your cost for generic drugs is usually lower than your cost for brand drugs. However, Aetna in some instances combines higher cost generic drugs on brand tiers.

Initial Coverage Limit (ICL) \$4,130

The Initial Coverage Limit includes the plan deductible, if applicable. This is your cost sharing until covered Medicare prescription drug expenses reach the Initial Coverage Limit (and after the deductible is satisfied, if your plan has a deductible):

	Retail cost sharing up to a 30 -day supply	Retail cost sharing up to a 90 -day supply	Preferred mail order cost sharing up to a 90 -day supply
4 Tier Plan			
Tier 1 - Generic Generic Drugs	\$10	\$20	\$20
Tier 2 - Preferred Brand Includes some high-cost generic and preferred brand drugs	\$20	\$40	\$40



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Table with 4 columns: Tier Plan, Retail cost sharing up to a 30-day supply, Retail cost sharing up to a 90-day supply, Preferred mail order cost sharing up to a 90-day supply. Rows include Tier 3 - Non-Preferred Drug and Tier 4 - Specialty.

Coverage Gap

The Coverage Gap starts once covered Medicare prescription drug expenses have reached the Initial Coverage Limit. Here's your cost-sharing for covered Part D drugs after the Initial Coverage Limit and until you reach \$6,550 in prescription drug expenses:

Your former employer/union/trust provides additional coverage during the Coverage Gap stage for covered drugs. This means that you will generally continue to pay the same amount for covered drugs throughout the Coverage Gap stage of the plan as you paid in the Initial Coverage stage. Coinsurance-based cost-sharing is applied against the overall cost of the drug, prior to the application of any discounts or benefits.

Catastrophic Coverage:

Greater of 5% of the cost of the drug - or - \$3.70 for a generic drug or a drug that is treated like a generic and \$9.20 for all other drugs.



Catastrophic Coverage benefits start once \$6,550 in true out-of-pocket costs is incurred.

Requirements:

Precertification

Applies

Step-Therapy

Does Not Apply

Enhanced Drug Benefit

- Not Covered

For more information about Aetna plans, go to www.aetna.com or call Member Services at toll-free at 1-888-267-2637 (TTY: 711). Hours are 8 a.m. to 6 p.m. local time, Monday through Friday.

Medical Disclaimers

Not all PPO Plans are available in all areas

The provider network may change at any time. You will receive notice when necessary.

Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

In case of emergency, you should call 911 or the local emergency hotline. Or you should go directly to an emergency care facility.

The complete list of services can be found in the Evidence of Coverage (EOC). You can request a copy of the EOC by contacting Member Services at 1-888-267-2637 (TTY: 711). Hours are 8 a.m. to 9 p.m. EST, Monday through Friday.

The following is a partial list of what isn't covered or limits to coverage under this plan:



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- Services that are not medically necessary unless the service is covered by Original Medicare or otherwise noted in your Evidence of Coverage
- Plastic or cosmetic surgery unless it is covered by Original Medicare
- Custodial care
- Experimental procedures or treatments that Original Medicare doesn't cover
- Outpatient prescription drugs unless covered under Original Medicare Part B

You may pay more for out-of-network services. Prior approval from Aetna is required for some network services. For services from a non-network provider, prior approval from Aetna is recommended. Providers must be licensed and eligible to receive payment under the federal Medicare program and willing to accept the plan.

Out-of-network/non-contracted providers are under no obligation to treat Aetna members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Aetna will pay any non contracted provider (that is eligible for Medicare payment and is willing to accept the Aetna Medicare Plan) the same as they would receive under Original Medicare for Medicare covered services under the plan.

Pharmacy Disclaimers

Aetna's retiree pharmacy coverage is an enhanced Part D Employer Group Waiver Plan that is offered as a single integrated product. The enhanced Part D plan consists of two components: basic Medicare Part D benefits and supplemental benefits. Basic Medicare Part D benefits are offered by Aetna based on our contract with CMS. We receive monthly payments from CMS to pay for basic Part D benefits. Supplemental benefits are non-Medicare benefits that provide enhanced coverage beyond basic Part D. Supplemental benefits are paid for by plan sponsors or



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members and may include benefits for non-Part D drugs. Aetna reports claim information to CMS according to the source of applicable payment (Medicare Part D, plan sponsor or member).

The formulary and/or pharmacy network may change at any time. You will receive notice when necessary.

You must use network pharmacies to receive plan benefits except in limited, non-routine circumstances as defined in the EOC. In these situations, you are limited to a 30 day supply.

Pharmacy clinical programs such as precertification, step therapy and quantity limits may apply to your prescription drug coverage.

If you reside in a long-term care facility, your cost share is the same as at a retail pharmacy and you may receive up to a 31 day supply.

Specialty pharmacies fill high-cost specialty drugs that require special handling. Although specialty pharmacies may deliver covered medicines through the mail, they are not considered "mail-order pharmacies." Therefore, most specialty drugs are not available at the mail-order cost share.

For mail-order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 7-10 days. You can call 1-888-792-3862, (TTY users should call 711) 24 hours a day, seven days a week, if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign-up for automated mail-order delivery.

The Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs. The amount you pay and the amount discounted by the manufacturer count toward your out-of-pocket costs as if you had paid them and moves you through the coverage gap.

Coinsurance-based cost-sharing is applied against the overall cost of the drug, prior to the application of any discounts or benefits.

There are three general rules about drugs that Medicare drug plans will not cover under Part D.



This plan cannot:

- Cover a drug that would be covered under Medicare Part A or Part B.
- Cover a drug purchased outside the United States and its territories.
- Generally cover drugs prescribed for “off label” use, (any use of the drug other than indicated on a drug's label as approved by the Food and Drug Administration) unless supported by criteria included in certain reference books like the American Hospital Formulary Service Drug Information, the DRUGDEX Information System and the USPDI or its successor.

Additionally, by law, the following categories of drugs are not normally covered by a Medicare prescription drug plan unless we offer enhanced drug coverage for which additional premium may be charged. These drugs are not considered Part D drugs and may be referred to as “exclusions” or “non-Part D drugs”. These drugs include:

- Drugs used for the treatment of weight loss, weight gain or anorexia
- Drugs used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Outpatient drugs that the manufacturer seeks to require that associated tests or monitoring services be purchased exclusively from the manufacturer as a condition of sale
- Drugs used to promote fertility
- Drugs used to relieve the symptoms of cough and colds
- Non-prescription drugs, also called over-the-counter (OTC) drugs
- Drugs when used for the treatment of sexual or erectile dysfunction

Plan Disclaimers

Aetna Medicare is a HMO and PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal.



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Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change. Plans are offered by Aetna Health Inc., Aetna Health of California Inc., and/or Aetna Life Insurance Company (Aetna).

You must be entitled to Medicare Part A and continue to pay your Part B premium and Part A, if applicable.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

If there is a difference between this document and the Evidence of Coverage (EOC), the EOC is considered correct.

You can read the *Medicare & You 2021 Handbook*. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<http://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-267-2637 (TTY: 711). Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-267-2637 (TTY: 711).

Traditional Chinese: 注意：如果您使用中文，您可以免費獲得語言援助服務。請致電 1-888-267-2637 (TTY: 711).

You can also visit our website at www.aetnaretireplans.com. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them



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differently because of race, color, national origin, age, disability, or sex. Aetna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call the phone number listed in this material.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Aetna Medicare Grievance Department, P.O. Box 14067, Lexington, KY 40512. You can also file a grievance by phone by calling the phone number listed in this material (TTY: 711). If you need help filing a grievance, call the phone number listed in this material. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can also contact the Aetna Civil Rights Coordinator by phone at 1-855-348-1369, by email at MedicareCRCoordinator@aetna.com, or by writing to Aetna Medicare Grievance Department, ATTN: Civil Rights Coordinator, P.O. Box 14067, Lexington, KY 40512.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).

TTY: 711



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If you speak a language other than English, free language assistance services are available. Visit our website or call the phone number listed in this document. (English)

Si habla un idioma que no sea inglés, se encuentran disponibles servicios gratuitos de asistencia de idiomas. Visite nuestro sitio web o llame al número de teléfono que figura en este documento. (Spanish)

如果您使用英文以外的語言，我們將提供免費的語言協助服務。請瀏覽我們的網站或撥打本文件中所列的電話號碼。 (Traditional Chinese)

Kung hindi Ingles ang wikang inyong sinasalita, may maaari kayong kuning mga libreng serbisyo ng tulong sa wika. Bisitahin ang aming website o tawagan ang numero ng telepono na nakalista sa dokumentong ito. (Tagalog)

Si vous parlez une autre langue que l'anglais, des services d'assistance linguistique gratuits vous sont proposés. Visitez notre site Internet ou appelez le numéro indiqué dans ce document. (French)

Nếu quý vị nói một ngôn ngữ khác với Tiếng Anh, chúng tôi có dịch vụ hỗ trợ ngôn ngữ miễn phí. Xin vào trang mạng của chúng tôi hoặc gọi số điện thoại ghi trong tài liệu này. (Vietnamese)

Wenn Sie eine andere Sprache als Englisch sprechen, stehen Ihnen kostenlose Sprachdienste zur Verfügung. Besuchen Sie unsere Website oder rufen Sie die Telefonnummer in diesem Dokument an. (German)

영어가 아닌 언어를 쓰시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 저희 웹사이트를 방문하시거나 본 문서에 기재된 전화번호로 연락해 주십시오. (Korean)

Если вы не владеете английским и говорите на другом языке, вам могут предоставить бесплатную языковую помощь. Посетите наш веб-сайт или позвоните по номеру, указанному в данном документе. (Russian)

إذا كنت تتحدث لغة غير الإنجليزية، فإن خدمات المساعدة اللغوية المجانية متاحة. تفضل بزيارة موقعنا على الويب أو اتصل برقم الهاتف المدرج في هذا المستند (Arabic)

अगर आप अंग्रेजी के अलावा कोई अन्य भाषा बोलते हैं, तो मुफ्त भाषा सहायता सेवाएं उपलब्ध हैं। हमारी वेबसाइट पर जाएं या इस दस्तावेज़ में दिए गए फोन नंबर पर कॉल करें। (Hindi)

Nel caso Lei parlasse una lingua diversa dall'inglese, sono disponibili servizi di assistenza linguistica gratuiti. Visiti il nostro sito web oppure chiami il numero di telefono elencato in questo documento. (Italian)



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Caso você seja falante de um idioma diferente do inglês, serviços gratuitos de assistência a idiomas estão disponíveis. Acesse nosso site ou ligue para o número de telefone presente neste documento. (Portuguese)

Si ou pale yon lòt lang ki pa Anglè, wap jwenn sèvis asistans pou lang gratis ki disponib. Vizite sitwèb nou an oswa rele nan nimewo telefòn ki make nan dokiman sa a. (Haitian Creole)

Jeżeli nie posługują się Państwo językiem angielskim, dostępne są bezpłatne usługi wsparcia językowego. Proszę odwiedzić naszą witrynę lub zadzwonić pod numer podany w niniejszym dokumencie. (Polish)

英語をお話しにならない方は、無料の言語支援サービスを受けることができます。弊社のウェブサイトアクセスするか、または本書に記載の電話番号にお問い合わせください。 (Japanese)

Nëse nuk flisni gjuhën angleze, shërbime ndihmëse gjuhësore pa pagesë janë në dispozicionin tuaj. Vizitoni faqen tonë në internet ose merrni në telefon numrin e telefonit në këtë dokument. (Albanian)

ከእንግሊዝኛ ሌላ ቋንቋ የሚናገሩ ከሆኑ ነጻ የቋንቋ ድጋፍ እገልግሎቶችን ማግኘት ይቻላል። የእኛን ድረ-ገጽ ይጎብኙ ወይም በዚህ ስነ-ልቦናዊ የተዘረዘረውን ስልክ ቁጥር በመጠቀም ይደውሉ። (Amharic)

Եթե խոսում եք անգլերենից բացի մեկ այլ լեզվով, ապա Ձեզ համար հասանելի են լեզվական աջակցման անվճար ծառայություններ: Այցելեք մեր վեբ կայքը կամ զանգահարեք այս փաստաթղթում նշված հեռախոսահամարով: (Armenian)

যদি আপনি ইংরেজী ব্যতীত অন্য কোনো ভাষায় কথা বলেনতাহলে বিনামূল্যের দোভাষীর পরিষেবা উপলব্ধ আছে।আমাদের ওয়েবসাইট দেখুন এবং এই নথিতে তালিকাভুক্ত ফোন নম্বরে ফোন করুন। (Bengali)

ចំណែកអ្នកនិយាយភាសាផ្សេងៗពីភាសាអង់គ្លេស អាចទទួលបានសេវាជំនួយភាសាឥតគិតថ្លៃ។ អ្នកចូលមើលគេហទំព័ររបស់យើង ឬ ចូលទៅកាន់លេខទូរស័ព្ទដែលមាននៅក្នុងឯកសារនេះ។ (Khmer)

Ako govorite neki jezik koji nije engleski, dostupne su besplatne jezičke usluge. Posetite našu internet stranicu ili nazovite broj telefona navedenog u ovom dokumentu. (Serbo-Croatian)

Na ye jam thuogdēt tēnē thonj ē Dīnglīth, ke kuōny luilooi ē thok ē path aa tō thīn. Nem yōt tēn internet tēdē ke yī col akuēn cōtmec cī gat thin nē athōr du yic. (Dinka)

Als u een andere taal spreekt dan Engels, is er gratis taalondersteuning beschikbaar. Bezoek onze website of bel naar het telefoonnummer in dit document. (Dutch)



NORTHEAST DISTRICT COUNCIL OF THE OPCMIA WELFARE FUND

Aetna Medicare SM Plan (PPO)

Medicare (P01) PPO Plan

Custom Rx \$10/\$20/\$50/\$50

Εάν ομιλείτε άλλη γλώσσα εκτός της Αγγλικής, υπάρχουν δωρεάν υπηρεσίες στη γλώσσα σας. Επισκεφθείτε την ιστοσελίδα μας ή καλέστε τον αριθμό τηλεφώνου που αναγράφεται στο παρόν έγγραφο. (Greek)

જો તમે અંગ્રેજી ક્રિયાત્મક ભાષા બોલતા છે તો મફત ભાષાકીય સહાયતા સેવાઓ ઉપલબ્ધ છે. અમલી સેવાઓની મુલાકાત લે અથવા સહાયતા સુધી પહોંચી સહાયતા સેવાઓ અંગેની વધુ માહિતી માટે કોલ કરો. (Gujarati)

Yog hais tias koj hais ib hom lus uas tsis yog lus Askiv, muaj cov kev pab cuam txhais lus dawb pub rau koj. Mus saib peb lub website los yog hu rau tus xov tooj sau teev tseg nyob rau hauv daim ntauv no. (Hmong)

ຖ້າທ່ານເວົ້າພາສາອກເທນອີຈາກອັງກິດ, ການບໍລິການ ຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ສັງຄ່າແມ່ນມີໃຫ້ທ່ານ. ໄປທົດວິວັດໃຊ້ທ່າຂອງພວກເຮົາ ຫຼື ໂທຕາມເບີໂທລະສັບທີ່ລະບຸໃນເອກະສານນີ້. (Lao)

Bilagáana bizaad doo bee yánífti'da dóo saad nááná la' bee yánífti'go, ata' hane' t'áá jíik'e bee áká i'doolwolígíí hóóló. Béésh nitsékeesi bee na'idíkid bá haz'ánigi aq'ádiiliit éi doodago béésh bee hane'i bee nihich'i' hodíilnih díí naaltsos bikáá'íji'. (Navajo)

Wann du en Schprooch anners as Englisch schwetzsch, Schprooch Hilfe mitaus Koscht iss meeglich. Bsuch unsere Website odder ruf die Nummer uff des Document uff. (Pennsylvania Dutch)

اگر به زبان دیگری بجز انگلیسی گفتگو می کنید، کمک زبانی رایگان فراهم می باشد. به وبسایت ما مراجعه نمایید و یا به شماره تلفن که در سند ذیل است شده، تماس بگیرید (Farsi)

ਜੇ ਤੁਸੀਂ ਅੰਗ੍ਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਕੋਈ ਹੋਰ ਭਾਸ਼ਾ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਉਪਲਬਧ ਹਨ। ਸਾਡੀ ਵੈੱਬਸਾਈਟ 'ਤੇ ਜਾਓ ਜਾਂ ਇਸ ਦਸਤਾਵੇਜ਼ ਵਿਚ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

Dacă vorbiți o altă limbă decât engleza, aveți la dispoziție servicii gratuite de asistență lingvistică. Vizitați site-ul nostru sau sunați la numărul de telefon specificat în acest document. (Romanian)

අනෙකුත් භාෂා කතා කරන්නන්ගේ සහාය සඳහා නොමිල සේවාවන් ඇත. අපගේ වෙබ් අඩවියට හෝ අපගේ සේවකරුවන්ට දුරකථන කථනා ඇතුළත් කර ඇත. (Sri Lankan Sinhala)

หากคุณพูดภาษาอื่นนอกเหนือจากภาษาอังกฤษ สามารถขอรับบริการช่วยเหลือด้านภาษาได้ฟรี เข้าไปที่เว็บไซต์ของเรา หรือโทรติดต่อหมายเลขโทรศัพท์ที่แสดงไว้ในเอกสารนี้ (Thai)



NORTHEAST DISTRICT COUNCIL OF THE OPCMIA WELFARE
FUND

Aetna Medicare SM Plan (PPO)

Medicare (P01) PPO Plan

Custom Rx \$10/\$20/\$50/\$50

Якщо ви не говорите англійською, до ваших послуг безкоштовна служба мовної підтримки.
Відвідайте наш веб-сайт або зателефонуйте за номером телефону, що зазначений у цьому
документі. (Ukrainian)

اگر آپ انگریزی کے علاوہ دوسری زبان بولتے ہیں تو، زبان سے متعلق مدد کی مفت خدمات دستیاب ہیں۔ ہماری ویب سائٹ
ملاحظہ کریں یا اس دستاویز میں درج فون نمبر پر کال کریں۔ (Urdu)

אויב איר רעדט א שפראך אויסער ענגליש, זענען שפראך הילף סערוויסעס אוועילעבל. באזוכט אונזער וועבזייטל אדער רופט
דעם טעלעפאן נומער וואס שטייט אויף דעם דאקומענט (Yiddish)

Information is believed to be accurate as of the production date; however, it is subject to
change. For more information about Aetna plans, go to www.aetna.com.

*****This is the end of this plan benefit summary*****

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GRP_0009_661



Major Medical – Aetna Medicare Extended Service Area Plan (ESA)

The Northeast District Council of the OPCMIA offers a PPO Plan for members that are eligible to enroll and live outside of the Aetna PPO service area. Members who enroll on the Aetna Medicare ESA Plan may see a doctor of their choice. Please be aware that if you choose to see an out-of-network provider, your out-of-pocket costs will be higher than seeing a provider in the Aetna Medicare ESA network the Aetna Medicare ESA Plan has a number of services that are covered, if there is a service you do not see, contact your Benefit Administrator for clarification.

Please refer to the following pages to see a detailed list of your Summary of Benefits and Coverage (SBC) and information on the Aetna Silver Sneakers, Access2Care Transportation and Meals at Home Benefits.

Note: when enrolling in the Aetna Medicare ESA Plan, you will receive an ID card in the mail. Please keep this ID card on you and present it to your healthcare provider, or healthcare facility / hospital when receiving services.



Benefits and Premiums are effective January 1, 2021 through December 31, 2021

SUMMARY OF BENEFITS
PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES Network & out-of-network providers

Monthly Premium Please contact your former employer/union/trust for more information on your plan premium.

Annual Deductible \$0

This is the amount you have to pay out of pocket before the plan will pay its share for your covered Medicare Part A and B services.

Annual Maximum Out-of-Pocket Amount \$3,400

Annual maximum out-of-pocket limit amount includes any deductible, copayment or coinsurance that you pay. It will apply to all medical expenses except hearing aid reimbursement, vision reimbursement and Medicare prescription drug coverage that may be available on your plan.

HOSPITAL CARE This is what you pay for Network & out-of-network providers

Inpatient Hospital Care \$250 per stay

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

Prior authorization or physician's order may be required.

Outpatient Hospital Care \$0

Prior authorization or physician's order may be required.

PHYSICIAN SERVICES This is what you pay for network & out-of-network providers

Primary Care Physician Visits \$10

Includes services of an internist, general physician, family practitioner for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.

Physician Specialist Visits \$10



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Primary Care Physician Selection	Optional
There is no requirement for member pre-certification. Your provider will do this on your behalf.	
Referral Requirement	None
PREVENTIVE CARE	This is what you pay for network & out-of-network providers
Annual Wellness Exams	\$0
One exam every 12 months.	
Routine Physical Exams	\$0
One exam every 12 months.	
Medicare Covered Immunizations	\$0
Pneumococcal, Flu, Hepatitis B	
Routine GYN Care (Cervical and Vaginal Cancer Screenings)	\$0
One routine GYN visit and pap smear every 24 months.	
Routine Mammograms (Breast Cancer Screening)	\$0
One baseline mammogram for members age 35-39; and one annual mammogram for members age 40 & over.	
Routine Prostate Cancer Screening Exam	\$0
For covered males age 50 & over, every 12 months.	
Routine Colorectal Cancer Screening	\$0
For all members age 50 & over.	
Routine Bone Mass Measurement	\$0
Medicare Diabetes Prevention Program (MDPP)	\$0
12 months of core session for program eligible members with an indication of pre-diabetes.	
Additional Medicare Preventive Services	\$0



- Ultrasound screening for abdominal aortic aneurysm (AAA)
- Cardiovascular disease screening
- Diabetes screening tests and diabetes self-management training (DSMT)
- Medical nutrition therapy
- Glaucoma screening
- Screening and behavioral counseling to quit smoking and tobacco use
- Screening and behavioral counseling for alcohol misuse
- Adult depression screening
- Behavioral counseling for and screening to prevent sexually transmitted infections
- Behavioral therapy for obesity
- Behavioral therapy for cardiovascular disease
- Behavioral therapy for HIV screening
- Hepatitis C screening
- Lung cancer screening

EMERGENCY AND URGENT MEDICAL CARE	This is what you pay for network & out-of-network providers
Emergency Care; Worldwide (waived if admitted)	\$65
Urgently Needed Care; Worldwide	\$15
DIAGNOSTIC PROCEDURES	This is what you pay for network & out-of-network providers
Outpatient Diagnostic Laboratory	\$0
Prior authorization or physician's order may be required.	
Outpatient Diagnostic X-ray	\$0
Prior authorization or physician's order may be required.	
Outpatient Diagnostic Testing	\$0
Prior authorization or physician's order may be required.	



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Outpatient Complex Imaging \$0

Prior authorization or physician's order may be required.

HEARING SERVICES This is what you pay for network & out-of-network providers

Routine Hearing Screening \$0

One exam every 12 months.

Hearing Aid Reimbursement \$500 once every 36 months

Applies to in or out of network

DENTAL SERVICES This is what you pay for network & out-of-network providers

Medicare Covered Dental \$10

Non-routine care covered by Medicare.

Prior authorization or physician's order may be required.

VISION SERVICES This is what you pay for network & out-of-network providers

Routine Eye Exams \$0

One annual exam every 12 months.

Diabetic Eye Exams \$0

MENTAL HEALTH SERVICES This is what you pay for network & out-of-network providers

Inpatient Mental Health Care \$250 per stay

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.
Prior authorization or physician's order may be required.

Outpatient Mental Health Care \$10

Prior authorization or physician's order may be required.

Inpatient Substance Abuse \$250 per stay

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.
Prior authorization or physician's order may be required.



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Outpatient Substance Abuse \$10

Prior authorization or physician's order may be required.

SKILLED NURSING SERVICES This is what you pay for Network & out-of-network providers

Skilled Nursing Facility (SNF) Care \$0 copay per day, day(s) 1-20; \$20 copay per day, day(s) 21-100

Limited to 100 days per Medicare Benefit Period*.

The member cost sharing applies to covered benefits incurred during a member's inpatient stay. Prior authorization or physician's order may be required.

*A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.

PHYSICAL THERAPY SERVICES This is what you pay for network & out-of-network providers

Outpatient Rehabilitation Services \$0

(Speech, Physical, and Occupational therapy)

Prior authorization or physician's order may be required.

AMBULANCE SERVICES This is what you pay for network & out-of-network providers

Ambulance Services \$0

Prior authorization or physician's order may be required.

TRANSPORTATION SERVICES This is what you pay for network & out-of-network providers

Transportation (non-emergency) 24 trips with 60 miles allowed per trip

MEDICARE PART B DRUGS This is what you pay for network & out-of-network providers

Medicare Part B Prescription Drugs \$0



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ADDITIONAL SERVICES	This is what you pay for network & out-of-network providers
Blood Covered in and out of network	All components of blood are covered beginning with the first pint.
Observation Care Covered in and out of network	Your cost share for Observation Care is based upon the services you receive.
Outpatient Surgery Prior authorization or physician's order may be required.	\$0
Home Health Agency Care Prior authorization or physician's order may be required.	\$0
Hospice Care	Covered by Original Medicare at a Medicare certified hospice.
Cardiac Rehabilitation Services	\$0
Pulmonary Rehabilitation Services	\$15
Radiation Therapy	\$0
Chiropractic Services Limited to Original Medicare - covered services for manipulation of the spine. Prior authorization or physician's order may be required.	\$15
Durable Medical Equipment/ Prosthetic Devices Prior authorization or physician's order may be required.	\$0
Podiatry Services Limited to Original Medicare covered benefits only.	\$10
Diabetic Supplies Includes supplies to monitor your blood glucose from LifeScan. Prior authorization or physician's order may be required.	\$0
Outpatient Dialysis Treatments Prior authorization or physician's order may be required.	\$0



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ADDITIONAL NON-MEDICARE COVERED SERVICES	This is what you pay for network & out-of-network providers
Fitness Benefit	Silver Sneakers
Meals	Covered up to 14 meals following an inpatient stay. Prior authorization or physician's order may be required.
Resources For Living[®]	Covered For help locating resources for every day needs.
Telehealth	Covered Telemedicine Services. Telehealth services covered when provided by PCP, Behavioral Health or Urgent Care providers. Member cost share will apply based on services rendered.

See next page for Pharmacy-Prescription Drug Benefits.



PHARMACY - PRESCRIPTION DRUG BENEFITS

Calendar-year deductible for prescription drugs \$0

Prescription drug calendar year deductible must be satisfied before any Medicare Prescription Drug benefits are paid. Covered Medicare Prescription Drug expenses will accumulate toward the pharmacy deductible.

Pharmacy Network S2

Your Medicare Part D plan is associated with pharmacies in the above network. To find a network pharmacy, you can visit our website (<http://www.aetnaretireplans.com>).

Formulary (Drug List) GRP B2

Your cost for generic drugs is usually lower than your cost for brand drugs. However, Aetna in some instances combines higher cost generic drugs on brand tiers.

Initial Coverage Limit (ICL) \$4,130

The Initial Coverage Limit includes the plan deductible, if applicable. This is your cost sharing until covered Medicare prescription drug expenses reach the Initial Coverage Limit (and after the deductible is satisfied, if your plan has a deductible):

4 Tier Plan	Retail cost sharing up to a 30 -day supply	Retail cost sharing up to a 90 -day supply	Preferred mail order cost sharing up to a 90 - day supply
Tier 1 - Generic Generic Drugs	\$10	\$20	\$20
Tier 2 - Preferred Brand Includes some high-cost generic and preferred brand drugs	\$20	\$40	\$40



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4 Tier Plan	Retail cost sharing up to a 30 -day supply	Retail cost sharing up to a 90 -day supply	Preferred mail order cost sharing up to a 90 -day supply
Tier 3 - Non-Preferred Drug Includes some high-cost generic and non-preferred brand drugs	\$50	\$100	\$100
Tier 4 - Specialty Includes high-cost/unique generic and brand drugs	\$50	Limited to one-month supply	Limited to one-month supply

Coverage Gap

The Coverage Gap starts once covered Medicare prescription drug expenses have reached the Initial Coverage Limit. Here's your cost-sharing for covered Part D drugs after the Initial Coverage Limit and until you reach \$6,550 in prescription drug expenses:

Your former employer/union/trust provides additional coverage during the Coverage Gap stage for covered drugs. This means that you will generally continue to pay the same amount for covered drugs throughout the Coverage Gap stage of the plan as you paid in the Initial Coverage stage. Coinsurance-based cost-sharing is applied against the overall cost of the drug, prior to the application of any discounts or benefits.

Catastrophic Coverage:

Greater of 5% of the cost of the drug - or - \$3.70 for a generic drug or a drug that is treated like a generic and \$9.20 for all other drugs.



Catastrophic Coverage benefits start once \$6,550 in true out-of-pocket costs is incurred.

Requirements:

Precertification

Applies

Step-Therapy

Does Not Apply

Enhanced Drug Benefit

- Not Covered

For more information about Aetna plans, go to www.aetna.com or call Member Services at toll-free at 1-888-267-2637 (TTY: 711). Hours are 8 a.m. to 6 p.m. local time, Monday through Friday.

Medical Disclaimers

The provider network may change at any time. You will receive notice when necessary.

Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

In case of emergency, you should call 911 or the local emergency hotline. Or you should go directly to an emergency care facility.

The complete list of services can be found in the Evidence of Coverage (EOC). You can request a copy of the EOC by contacting Member Services at 1-888-267-2637 (TTY: 711). Hours are 8 a.m. to 9 p.m. EST, Monday through Friday.

The following is a partial list of what isn't covered or limits to coverage under this plan:



- Services that are not medically necessary unless the service is covered by Original Medicare or otherwise noted in your Evidence of Coverage
- Plastic or cosmetic surgery unless it is covered by Original Medicare
- Custodial care
- Experimental procedures or treatments that Original Medicare doesn't cover
- Outpatient prescription drugs unless covered under Original Medicare Part B

You may pay more for out-of-network services. Prior approval from Aetna is required for some network services. For services from a non-network provider, prior approval from Aetna is recommended. Providers must be licensed and eligible to receive payment under the federal Medicare program and willing to accept the plan.

Out-of-network/non-contracted providers are under no obligation to treat Aetna members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Aetna will pay any non contracted provider (that is eligible for Medicare payment and is willing to accept the Aetna Medicare Plan) the same as they would receive under Original Medicare for Medicare covered services under the plan.

Pharmacy Disclaimers

Aetna's retiree pharmacy coverage is an enhanced Part D Employer Group Waiver Plan that is offered as a single integrated product. The enhanced Part D plan consists of two components: basic Medicare Part D benefits and supplemental benefits. Basic Medicare Part D benefits are offered by Aetna based on our contract with CMS. We receive monthly payments from CMS to pay for basic Part D benefits. Supplemental benefits are non-Medicare benefits that provide enhanced coverage beyond basic Part D. Supplemental benefits are paid for by plan sponsors or members and may include benefits for non-Part D drugs. Aetna reports claim information to CMS according to the source of applicable payment (Medicare Part D, plan sponsor or member).



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Medicare (P01) ESA PPO Plan
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The formulary and/or pharmacy network may change at any time. You will receive notice when necessary.

You must use network pharmacies to receive plan benefits except in limited, non-routine circumstances as defined in the EOC. In these situations, you are limited to a 30 day supply.

Pharmacy clinical programs such as precertification, step therapy and quantity limits may apply to your prescription drug coverage.

If you reside in a long-term care facility, your cost share is the same as at a retail pharmacy and you may receive up to a 31 day supply.

Specialty pharmacies fill high-cost specialty drugs that require special handling. Although specialty pharmacies may deliver covered medicines through the mail, they are not considered "mail-order pharmacies." Therefore, most specialty drugs are not available at the mail-order cost share.

For mail-order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 7-10 days. You can call 1-888-792-3862, (TTY users should call 711) 24 hours a day, seven days a week, if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign-up for automated mail-order delivery.

The Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs. The amount you pay and the amount discounted by the manufacturer count toward your out-of-pocket costs as if you had paid them and moves you through the coverage gap.

Coinsurance-based cost-sharing is applied against the overall cost of the drug, prior to the application of any discounts or benefits.

There are three general rules about drugs that Medicare drug plans will not cover under Part D. This plan cannot:

- Cover a drug that would be covered under Medicare Part A or Part B.



- Cover a drug purchased outside the United States and its territories.
- Generally cover drugs prescribed for “off label” use, (any use of the drug other than indicated on a drug's label as approved by the Food and Drug Administration) unless supported by criteria included in certain reference books like the American Hospital Formulary Service Drug Information, the DRUGDEX Information System and the USPDI or its successor.

Additionally, by law, the following categories of drugs are not normally covered by a Medicare prescription drug plan unless we offer enhanced drug coverage for which additional premium may be charged. These drugs are not considered Part D drugs and may be referred to as “exclusions” or “non-Part D drugs”. These drugs include:

- Drugs used for the treatment of weight loss, weight gain or anorexia
- Drugs used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Outpatient drugs that the manufacturer seeks to require that associated tests or monitoring services be purchased exclusively from the manufacturer as a condition of sale
- Drugs used to promote fertility
- Drugs used to relieve the symptoms of cough and colds
- Non-prescription drugs, also called over-the-counter (OTC) drugs
- Drugs when used for the treatment of sexual or erectile dysfunction

Plan Disclaimers

Aetna Medicare is a HMO and PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal.

Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change. Plans are offered



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by Aetna Health Inc., Aetna Health of California Inc., and/or Aetna Life Insurance Company (Aetna).

You must be entitled to Medicare Part A and continue to pay your Part B premium and Part A, if applicable.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

If there is a difference between this document and the Evidence of Coverage (EOC), the EOC is considered correct.

You can read the *Medicare & You 2021 Handbook*. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<http://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-267-2637 (TTY: 711). Spanish: **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-267-2637 (TTY: 711). Traditional Chinese: **注意:** 如果您使用中文，您可以免費獲得語言援助服務。請致電 1-888-267-2637 (TTY: 711).

You can also visit our website at www.aetnaretireeplans.com. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Aetna:

- Provides free aids and services to people with disabilities to communicate effectively with



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us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call the phone number listed in this material.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Aetna Medicare Grievance Department, P.O. Box 14067, Lexington, KY 40512. You can also file a grievance by phone by calling the phone number listed in this material (TTY: 711). If you need help filing a grievance, call the phone number listed in this material. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can also contact the Aetna Civil Rights Coordinator by phone at 1-855-348-1369, by email at MedicareCRCoordinator@aetna.com, or by writing to Aetna Medicare Grievance Department, ATTN: Civil Rights Coordinator, P.O. Box 14067, Lexington, KY 40512.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).

TTY: 711

If you speak a language other than English, free language assistance services are available. Visit our website or call the phone number listed in this document. (English)

Si habla un idioma que no sea inglés, se encuentran disponibles servicios gratuitos de asistencia de



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idiomas. Visite nuestro sitio web o llame al número de teléfono que figura en este documento. (Spanish)

如果您使用英文以外的語言，我們將提供免費的語言協助服務。請瀏覽我們的網站或撥打本文件中所列的電話號碼。(Traditional Chinese)

Kung hindi Ingles ang wikang inyong sinasalita, may maaari kayong kuning mga libreng serbisyo ng tulong sa wika. Bisitahin ang aming website o tawagan ang numero ng telepono na nakalista sa dokumentong ito. (Tagalog)

Si vous parlez une autre langue que l'anglais, des services d'assistance linguistique gratuits vous sont proposés. Visitez notre site Internet ou appelez le numéro indiqué dans ce document. (French)

Nếu quý vị nói một ngôn ngữ khác với Tiếng Anh, chúng tôi có dịch vụ hỗ trợ ngôn ngữ miễn phí. Xin vào trang mạng của chúng tôi hoặc gọi số điện thoại ghi trong tài liệu này. (Vietnamese)

Wenn Sie eine andere Sprache als Englisch sprechen, stehen Ihnen kostenlose Sprachdienste zur Verfügung. Besuchen Sie unsere Website oder rufen Sie die Telefonnummer in diesem Dokument an. (German)

영어가 아닌 언어를 쓰시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 저희 웹사이트를 방문하시거나 본 문서에 기재된 전화번호로 연락해 주십시오. (Korean)

Если вы не владеете английским и говорите на другом языке, вам могут предоставить бесплатную языковую помощь. Посетите наш веб-сайт или позвоните по номеру, указанному в данном документе. (Russian)

إذا كنت تتحدث لغة غير الإنجليزية، فإن خدمات المساعدة اللغوية المجانية متاحة. تفضل بزيارة موقعنا على الويب أو اتصل برقم الهاتف المدرج في هذا المستند (Arabic)

अगर आप अंग्रेजी के अलावा कोई अन्य भाषा बोलते हैं, तो मुफ्त भाषा सहायता सेवाएं उपलब्ध हैं। हमारी वेबसाइट पर जाएं या इस दस्तावेज़ में दिए गए फोन नंबर पर कॉल करें। (Hindi)

Nel caso Lei parlasse una lingua diversa dall'inglese, sono disponibili servizi di assistenza linguistica gratuiti. Visiti il nostro sito web oppure chiami il numero di telefono elencato in questo documento. (Italian)

Caso você seja falante de um idioma diferente do inglês, serviços gratuitos de assistência a idiomas estão disponíveis. Acesse nosso site ou ligue para o número de telefone presente neste documento. (Portuguese)

Si ou pale yon lòt lang ki pa Anglè, wap jwenn sèvis asistans pou lang gratis ki disponib. Vizite sitwèb



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nou an oswa rele nan nimewo telefòn ki make nan dokiman sa a. (Haitian Creole)

Jeżeli nie posługują się Państwo językiem angielskim, dostępne są bezpłatne usługi wsparcia językowego. Proszę odwiedzić naszą witrynę lub zadzwonić pod numer podany w niniejszym dokumencie. (Polish)

英語をお話しにならない方は、無料の言語支援サービスを受けることができます。弊社のウェブサイトアクセスするか、または本書に記載の電話番号にお問い合わせください。 (Japanese)

Nëse nuk flisni gjuhën angleze, shërbime ndihmëse gjuhësore pa pagesë janë në dispozicionin tuaj. Vizitoni faqen tonë në internet ose merrni në telefon numrin e telefonit në këtë dokument. (Albanian)

ከእንግሊዝኛ ሌላ ቋንቋ የሚናገሩ ከሆነ ነጻ የቋንቋ ድጋፍ እገልግሎቶችን ማግኘት ይቻላል። የእኛን ድረ-ገጽ ይጎብኙ ወይም በዚህ ስንድ ላይ የተዘረዘረውን ከልክ ቁጥር በመጠቀም ይደውሉ። (Amharic)

Եթե խոսում եք անգլերենից բացի մեկ այլ լեզվով, ապա Ձեզ համար հասանելի են լեզվական աջակցման անվճար ծառայություններ: Այցելեք մեր վեբ կայքը կամ զանգահարեք այս փաստաթղթում նշված հեռախոսահամարով: (Armenian)

যদি আপনি ইংরেজী ব্যতীত অন্য কোনো ভাষায় কথা বলেনতাহলে বিনামূল্যের দোভাষীর পরিষেবা উপলব্ধ আছে। আমাদের ওয়েবসাইট দেখুন এবং এই নথিতে তালিকাভুক্ত ফোন নম্বরে ফোন করুন। (Bengali)

បើលោកអ្នកមិនយាយភាសាខ្មែរក្រៅពីភាសាអង់គ្លេស សេវាកម្មជំនួយផ្នែកភាសាមានផ្តល់ជូនដោយឥតគិតថ្លៃ។ សូមចូលមើលគេហទំព័ររបស់យើងផ្ទៃ
ឬហៅទៅកាន់លេខទូរស័ព្ទដែលមានរាយនៅក្នុងឯកសារនេះ។ (Khmer)

Ako govorite neki jezik koji nije engleski, dostupne su besplatne jezičke usluge. Posetite našu internet stranicu ili nazovite broj telefona navedenog u ovom dokumentu. (Serbo-Croatian)

Na ye jam thuɔŋdēt tēnē thoŋ ē Dīŋlīth, ke kuɔɔny luilooi ē thok ē path aa tɔ̄thīn. Nem yōt tēn internet tēdē ke yī cōl akuēn cōtmec cī gat thin nē athōr du yic. (Dinka)

Als u een andere taal spreekt dan Engels, is er gratis taalondersteuning beschikbaar. Bezoek onze website of bel naar het telefoonnummer in dit document. (Dutch)

Εάν ομιλείτε άλλη γλώσσα εκτός της Αγγλικής, υπάρχουν δωρεάν υπηρεσίες στη γλώσσα σας. Επισκεφθείτε την ιστοσελίδα μας ή καλέστε τον αριθμό τηλεφώνου που αναγράφεται στο παρόν έγγραφο. (Greek)



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документі. (Ukrainian)

اگر آپ انگریزی کے علاوہ دوسری زبان بولتے ہیں تو، زبان سے متعلق مدد کی مفت خدمات دستیاب ہیں۔ ہماری ویب سائٹ
ملاحظہ کریں یا اس دستاویز میں درج فون نمبر پر کال کریں۔ (Urdu)

אויב איר רעדט א שפראך אויסער ענגליש, זענען שפראך הילף סערוויסעס אוועילעבל. באזוכט אונזער וועבזייטל אדער רופט
דעם טעלעפאן נומער וואס שטייט אויף דעם דאקומענט (Yiddish)

Information is believed to be accurate as of the production date; however, it is subject to
change. For more information about Aetna plans, go to www.aetna.com.

*****This is the end of this plan benefit summary*****

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Get active with SilverSneakers[®]

Check out all the ways to use your fitness membership. It's provided for you at **no extra cost by Aetna Medicare.**

To find fitness locations and SilverSneakers FLEX classes, request your SilverSneakers ID number or get additional details, visit silversneakers.com or call SilverSneakers Customer Service at 1-888-423-4632 (TTY: 711), Monday through Friday, 8 a.m. to 8 p.m. ET.



Work out indoors

- 13,000+ fitness locations*
- all basic amenities and SilverSneakers group exercise classes
- easy enrollment with your SilverSneakers ID number



Experience SilverSneakers FLEX[®] classes

- tai chi, yoga, walking groups and more
- at local parks, recreation centers and adult-living communities (in select states)



Connect online

- fitness location and SilverSneakers FLEX class lookup tool
- meal plans and healthy recipes
- resources and inspiration

Start using SilverSneakers today!

made available through

aetna[®]

SilverSneakers
by Tivity Health

*At-home kits are offered for members who want to start working out at home or for those who can't get to a fitness location due to injury, illness or being homebound. Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Our dual-eligible Special Needs Plan is available to anyone who has both Medical Assistance from the state and Medicare. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits may change on January 1 of each year. See Evidence of Coverage for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. © 2017 Aetna Inc.

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Cruising ahead

Access2CareSM Transportation Benefit

Safe, comfortable transportation to
your medical appointments

[AetnaRetireePlans.com](https://www.aetna.com/retireeplans)

72.30.319.1 B-Flyer (5/20)

 **aetnaTM**



Safe, comfortable transportation to your medical appointments

We don't want you to worry about how you'll get to your medical appointments. Instead, we want you to focus on what matters, like your health and treatment plans. That's why Aetna offers optional, non-emergency transportation that gets you there and back.

These rides are included with your plan at **no extra cost**.

You can check your Evidence of Coverage or call the number below for information on trip and mileage allowances. Rides are provided through Access2CareSM. If you need a ride to and from the doctor, you'll use two trips.

Here are some examples* of how members may use the benefit

- Diane's son can take her to an appointment with her cardiologist, but he has to pick up his kids later and can't make the return trip. Diane uses one trip of her transportation benefit to get home from the doctor.
- John's neighbor Mary usually takes him to check-ups with his primary care doctor, but she's busy on one appointment day. John needs a ride both to and from the doctor, so he uses two trips.

* These are illustrative examples only, not actual member experiences.



If you need to reserve a ride, call **1-855-814-1699 (TTY: 711)**, Monday–Friday, 8 AM–8 PM all time zones. Visit **Access2Care.net** to reserve a ride and get more details.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or co-payments/co-insurance may change on January 1 of each year. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage.

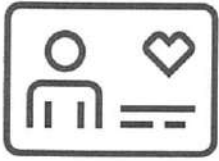


Meals at home

Get home-delivered meals after leaving the hospital

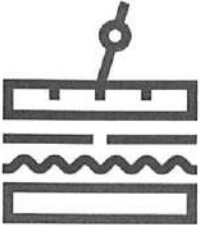
With your Aetna Medicare Advantage plan, you can get healthy, precooked meals delivered to your home after an inpatient hospital stay — **at no extra cost**. This new meal benefit lets you stay focused on recuperating, while getting good nutrition.

Aetna partners with a vendor called GA Foods® to coordinate this benefit. They deliver high-quality, nutritious meals to members during this important recovery period.



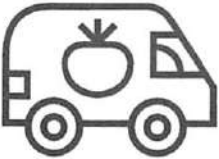
How many meals can you receive?

You'll get 14 — 2 meals a day, for 7 days.



What are the meal options?

Each meal includes a chef-inspired entrée, such as pasta, stews and salads. They also feature fruit, vegetables and desserts. The menu is developed by registered dietitians so all meals are low in sodium, fat, cholesterol and sugar, and are high in vitamins and minerals. All meals come frozen, or are shelf-stable, and are easy to prepare.



It's easy to get your meals.

After you're discharged to your home from an inpatient hospital stay:

- You'll get a phone call from GA Foods. On the call, you'll learn about the meal benefit and discuss delivery time frames.
- If you decide to receive meals, they will be delivered by FedEx or GA Foods within 48 to 72 hours.



Questions?

For more information, call the number on the back of your medical ID card.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

AetnaRetireePlans.com

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Dental Insurance – Aetna Dental DMO Plan

The Northeast District Council of the OPCMIA offers a Dental DMO Plan for retired members. The plan offers various benefits for different dental services and procedures.

Retired members who enroll in the Aetna Dental DMO Plan must see doctors that are in the Aetna DMO Network. This plan is an **in-network** only plan. If you see doctors that are not in this network, you will be responsible for 100% of the charges. Most expenses are subject to a copay or fee amount and there is no annual maximum. If there is a service you do not see, contact your Benefit Administrator for clarification. Please refer to the following pages to see a detailed list of your Summary of Benefits for the Aetna DMO Dental Plan.



DMO[®] Dental Benefits Summary

CODE	PROCEDURE	PATIENT PAYS	CODE	PROCEDURE	PATIENT PAYS
	Office Visit Copay	\$0			
DIAGNOSTIC					
D0120-D0180	Oral Evaluations	No Charge	D0277	Vertical Bitewings - 7 to 8 Films	No Charge
D0210	Full mouth series Images	No Charge	D0330	Panoramic Image	No Charge
D0220-D0230	Periapicals	No Charge	D0391	Interpretation of Diagnostic Image	No Charge
D0240	Intraoral, Oclusal Image	No Charge	D0470	Diagnostic Casts	No Charge
D0250-D0251	Extraoral Images	No Charge	D0472-D0474	Accession of Tissue	No Charge
D0270-D0274	Bitewings	No Charge			
PREVENTIVE					
D1110	Prophy - Adult	No Charge	D1510	Space Maintainer - Fixed Unilateral	No Charge
D1120	Prophy - Child	No Charge	D1516-17	Space Maintainer - Fixed Bilateral	No Charge
D4346	Scaling in presence of generalized moderate/severe gingival inflammation, full mouth, after oral evaluation	\$35	D1520	Space Maintainer - Removable Unilateral	No Charge
D1208	Fluoride - Child	No Charge	D1526-27	Space Maintainer - Removable Bilateral	No Charge
D1206	Application of Topical Fluoride Varnish	No Charge	D1550	Reccement Space Maintainer	\$12
D1330	Oral Hygiene Instruction	No Charge	D1555	Removal of Space Maintainer	\$12
D1351, D1354	Sealant	No Charge	D1575	Distal shoe space maintainer - fixed - unilateral	No Charge
D1352	Preventive Resin Restoration	No Charge	D2990	Resin Infiltration of Lesion	No Charge
D1353	Sealant Repair - Per Tooth	No Charge			
Diagnostic and Preventive services may be subject to age and frequency limitations. See your booklet for details.					
RESTORATIVE					
PRIMARY OR PERMANENT TEETH					
D2140	Amalgam - 1 Surf Primary or Permanent	No Charge	D2391	Resin-Based Composite 1 Surf, Posterior	\$49
D2150	Amalgam - 2 Surf Primary or Permanent	No Charge	D2392	Resin-Based Composite 2 Surf, Posterior	\$63
D2160	Amalgam - 3 Surf Primary or Permanent	No Charge	D2393	Resin-Based Composite 3 Surf, Posterior	\$77
D2161	Amalgam - 4+ Surf Primary or Permanent	No Charge	D2394	Resin-Based Composite 4+ Surf, Posterior	\$106
D2330	Resin-Based Composite 1 Surf, Anterior	No Charge	D2921	Reattachment of tooth fragment, incisal edge or dusp	\$7
D2331	Resin-Based Composite 2 Surf, Anterior	No Charge	D2940	Protective Restoration	\$8
D2332	Resin-Based Composite 3 Surf, Anterior	No Charge	D2941	Interim therapeutic restoration - primary dentition	\$4
D2335	Resin-Based Composite 4+ Surf; Anterior (or involving Incisal angle)	\$72	D2951	Pin Retention - In Addition to Restoration	\$14
D2390	Resin-Based Composite Crown, Anterior	\$72			
CROWNS/BRIDGES					
D2510	Inlay - Metallic 1 Surf	\$236	D6076	Implant Supported Retainer for Porcelain Fused to Metal FPD (Titanium, Titanium Alloy or High Noble Metal)	\$362
D2520	Inlay - Metallic 2 Surf	\$236	D6077	Implant Supported Retainer for Cast Metal FPD (Titanium, Titanium Alloy or High Noble Metal)	\$362
D2530	Inlay - Metallic 3 Surf	\$236	D6094	Abutment Supported Crown - (Titanium)	\$362
D2542	Onlay - Metallic 2 Surf	\$253	D6110	Implant Abut Sup Removable Dent-MaxCom	\$318
D2543	Onlay - Metallic 3 Surf	\$253	D6111	Implant Abut Sup Removable Dent-Mand Com	\$318
D2544	Onlay, Metallic - 4 or More Surf	\$253	D6112	Implant Abut Sup Removable Dent-Max Par	\$318
D2610	Inlay, Porcelain/Ceramic - 1 Surf	\$236	D6113	Implant Abut Sup Removable Dent-Mand Par	\$318
D2620	Inlay, Porcelain/Ceramic - 2 Surf	\$236	D6114	Implant Abut Sup Fixed Dent-Max Com	\$318
D2630	Inlay, Porcelain/Ceramic - 3 or More Surf	\$236	D6115	Implant Abut Sup Fixed Dent-Mand Com	\$318
D2642	Onlay, Porcelain/Ceramic - 2 Surf	\$253	D6116	Implant Abut Sup Fixed Dent-Max Par	\$318
D2643	Onlay, Porcelain/Ceramic - 3 Surf	\$253	D6117	Implant Abut Sup Fixed Dent-Mand Par	\$318
D2644	Onlay, Porcelain/Ceramic - 4 or More Surf	\$253	D6205	Pontic - Indirect Resin Based Composite	\$362
D2650	Inlay, Composite/Resin - 1 Surf	\$236	D6210	Pontic - Cast High Noble Metal	\$362
D2651	Inlay, Composite/Resin - 2 Surf	\$236	D6211	Pontic - Cast Predominantly Base Metal	\$362
D2652	Inlay, Composite/Resin - 3 Surf	\$236	D6212	Pontic - Cast Noble Metal	\$362
D2662	Onlay, Composite/Resin - 2 Surf	\$253	D6214	Pontic - Titanium	\$362
D2663	Onlay, Composite/Resin - 3 Surf	\$253	D6240	Pontic - Porcelain Fused to High Noble Metal	\$362
D2664	Onlay, Composite/Resin - 4 or More Surf	\$253	D6241	Pontic - Porcelain Fused to Predominantly Base Metal	\$362

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO® Dental Benefits Summary

D2710	Crown - Resin-Based Composite, Indirect	\$362	D6242	Pontic - Porcelain Fused to Noble Metal	\$362
D2712	Crown - 3/4 Resin-Based Composite, Indirect	\$265	D6245	Pontic - Porcelain/Ceramic	\$362
D2720	Crown - Resin With High Noble Metal	\$362	D6250	Pontic - Resin With High Noble Metal	\$362
D2721	Crown - Resin With Predominantly Base Metal	\$362	D6251	Pontic - Resin With Predominantly Base Metal	\$362
D2722	Crown - Resin With Noble Metal	\$362	D6252	Pontic - Resin With Noble Metal	\$362
D2740	Crown - Porcelain/Ceramic Substrate	\$362	D6545	Retainer - Cast Metal for Resin-Bonded Fixed	\$236
D2750	Crown - Porcelain Fused to High Noble Metal	\$362	D6548	Retainer - Porcelain/Ceramic for Resin-Bonded Fixed Prosthesis	\$236
D2751	Crown - Porcelain Fused to Predominantly Base Metal	\$362	D6549	Resin Retainer - Resin Bonded Prosthesis	\$130
D2752	Crown - Porcelain Fused to Noble Metal	\$362	D6600	Inlay - Porcelain/Ceramic, 2 Surf	\$236
D2780	Crown - 3/4 Cast High Noble Metal	\$362	D6601	Inlay - Porcelain/Ceramic, 3+ Surf	\$236
D2781	Crown - 3/4 Cast Predominantly Based Metal	\$362	D6602	Inlay - Cast High Noble Metal, 2 Surf	\$269
D2782	Crown - 3/4 Cast Noble Metal	\$362	D6603	Inlay - Cast High Noble Metal, 3+ Surf	\$269
D2783	Crown - 3/4 Porcelain/Ceramic	\$362	D6604	Inlay - Cast Predominantly Base Metal, 2 Surf	\$236
D2790	Crown - Full Cast High Noble Metal	\$362	D6605	Inlay - Cast Predominantly Base Metal, 3+ Surf	\$236
D2791	Crown - Full Cast Predominantly Base Metal	\$362	D6606	Inlay - Cast Noble Metal, 2 Surf	\$257
D2792	Crown - Full Cast Noble Metal	\$362	D6607	Inlay - Cast Noble Metal, 3+ Surf	\$257
D2794	Crown - Titanium	\$362	D6608	Onlay - Porcelain/Ceramic, 2 Surf	\$253
D2910	Recent Inlay, Onlay or Partial Coverage Restoration	\$15	D6609	Onlay - Porcelain/Ceramic, 3+ Surf	\$253
D2915	Recent Cast or Prefab Post and Core	\$8	D6610	Onlay - Cast High Noble Metal, 2 Surf	\$285
D2920	Recent Crown	\$15	D6611	Onlay - Cast High Noble Metal, 3+ Surf	\$285
D2929	Prefab Porcelain/Ceramic Crown - Primary Tooth	\$76	D6612	Onlay - Cast Predominantly Base Metal, 2 Surf	\$253
D2930	Prefab, Stainless Steel Crown - Primary Tooth	\$54	D6613	Onlay - Cast Predominantly Base Metal, 3+ Surf	\$253
D2931	Prefab, Stainless Steel Crown - Permanent Tooth	\$65	D6614	Onlay - Cast Noble Metal, 2 Surf	\$274
D2934	Prefabricated Esthetic Coated Stainless Steel Crown - Primary Tooth	\$54	D6615	Onlay - Cast Noble Metal, 3+ Surf	\$274
D2950	Core Buildup, Including Any Pins	\$141	D6624	Inlay - Titanium	\$269
D2952	Post & Core in Addition to Crown	\$140	D6634	Onlay - Titanium	\$285
D6058	Abutment Supported Porcelain/Ceramic Crown	\$362	D6710	Crown - Indirect Resin Based Composite	\$362
D6059	Abutment Supported Porcelain Fused to Metal Crown (High Noble Metal)	\$362	D6720	Crown - Resin With High Noble Metal	\$362
D6060	Abutment Supported Porcelain Fused to Metal Crown (Predominantly Base Metal)	\$362	D6721	Crown - Resin With Predominantly Base Metal	\$362
D6061	Abutment Supported Porcelain Fused to Metal Crown (Noble Metal)	\$362	D6722	Crown - Resin With Noble Metal	\$362
D6062	Abutment Supported Cast Metal Crown (High Noble Metal)	\$362	D6740	Crown - Porcelain/Ceramic	\$362
D6063	Abutment Supported Cast Metal Crown (Predominantly Base Metal)	\$362	D6750	Crown - Porcelain Fused to High Noble Metal	\$362
D6064	Abutment Supported Cast Metal Crown (Noble Metal)	\$362	D6751	Crown - Porcelain Fused to Predominantly Base Metal	\$362
D6065	Implant Supported Porcelain/Ceramic Crown	\$362	D6752	Crown - Porcelain Fused to Noble Metal	\$362
D6066	Implant Supported Porcelain Fused to Metal Crown (Titanium, Titanium Alloy or High Noble Metal)	\$362	D6780	Crown - 3/4 Cast High Noble Metal	\$362
D6067	Implant Supported Metal Crown (Titanium, Titanium Alloy or High Noble Metal)	\$362	D6781	Crown - 3/4 Cast Predominantly Base Metal	\$362
D6068	Abutment Supported Retainer for Porcelain/Ceramic FPD	\$362	D6782	Crown - 3/4 Cast Noble Metal	\$362
D6069	Abutment Supported Retainer for Porcelain Fused to Metal FPD (High Noble Metal)	\$362	D6783	Crown - 3/4 Porcelain/Ceramic	\$362
D6070	Abutment Supported Retainer for Porcelain Fused to Metal FPD (Predominantly Base Metal)	\$362	D6790	Crown - Full Cast High Noble Metal	\$362
D6071	Abutment Supported Retainer for Porcelain Fused to Metal FPD (Noble Metal)	\$362	D6791	Crown - Full Cast Predominantly Base Metal	\$362
D6072	Abutment Supported Retainer for Cast Metal FPD (High Noble Metal)	\$362	D6792	Crown - Full Cast Noble Metal	\$362

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO[®] Dental Benefits Summary

D6073	Abutment Supported Retainer for Cast Metal FPD (Predominantly Base Metal)	\$362	D6794	Crown - Titanium	\$362
D6074	Abutment Supported Retainer for Cast Metal FPD (Noble Metal)	\$362	D6930	Reccement Fixed Partial Denture	\$25
D6075	Implant Supported Retainer for Ceramic FPD	\$362	Additional Charge per Unit for Full Mouth Rehabilitation.		\$125

Full mouth rehabilitation is defined as 6 or more units of covered crowns and/or pontics under one treatment plan.

Charges for crowns and bridgework are per unit. There will be additional charges for the actual cost for gold/high noble metal.

ENDODONTICS

D3110	Pulp Cap - Direct (excluding final restoration)	No Charge	D3333	Internal Root Repair of Perforation Defects	\$110
D3120	Pulp Cap - Indirect (excluding final restoration)	No Charge	D3346	Retreatment of Previous Root Canal Therapy - Anterior	\$242
D3220	Therapeutic Pulpotomy (excluding final restoration)	\$77	D3347	Retreatment of Previous Root Canal Therapy - Bicuspid	\$308
D3221	Pulpal Debridement, Primary and Permanent Teeth	\$14	D3348	Retreatment of Previous Root Canal Therapy - Molar	\$433
D3222	Partial Pulpotomy	\$70	D3410 (1)	Apicoectomy/Periradicular Surgery - Anterior	\$179
D3230	Pulpal Therapy (Resorbable Filling) - Anterior, Primary Tooth	\$77	D3421 (1)	Apicoectomy/Periradicular Surgery - Bicuspid (First Root)	\$179
D3240	Pulpal Therapy (Resorbable Filling) - Posterior, Primary Tooth	\$77	D3425 (1)	Apicoectomy/Periradicular Surgery - Molar (First Root)	\$179
D3310	Root Canal Therapy - Anterior (excluding final restoration)	\$135	D3426 (1)	Apicoectomy/Periradicular Surgery- Each Additional Root	\$110
D3320	Root Canal Therapy - Bicuspid (excluding final restoration)	\$216	D3427 (1)	Periradicular surgery without apicoectomy	\$134
D3330	Root Canal Therapy - Molar (excluding final restoration)	\$331	D3430 (1)	Retrograde Filling - Per Root	\$80
D3331	Treatment of Root Canal Obstruction, Nonsurgical Access	\$135	D3450 (1)	Root Amputation - Per Root	\$88
D3332	Incomplete Endodontic Therapy; Inoperable, Unrestorable or Fractured Tooth	\$99			

(1) Certain services may be covered under the Medical Plan. Contact Member Services for more details.

PERIODONTICS

D4210 (1)	Gingivectomy or Gingivoplasty - 4 or More Teeth - Per Quadrant	\$105	D4275 (1)	Soft Tissue Allograft	\$342
D4211 (1)	Gingivectomy or Gingivoplasty - 1-3 Teeth - Per Quadrant	\$39	D4276 (1)	Connective Tissue/Pedicle Graft, Per Tooth	\$200
D4212 (1)	Gingivectomy to allow access, per tooth	\$13	D4277 (1)	Free soft tissue graft - first tooth	\$86
D4240 (1)	Gingival Flap Procedure, Including Root Planing - 4 or More Teeth - Per Quadrant	\$116	D4278 (1)	Free soft tissue graft - each additional tooth	\$43
D4241 (1)	Gingival Flap Procedure, Including Root Planing - 1-3 Teeth - Per Quadrant	\$69	D4283 (1)	Autogenous connective tissue graft	\$67
D4245 (1)	Apically Positioned Flap	\$95	D4285 (1)	Non-autogenous connective tissue graft	\$188
D4249	Clinical Crown Lengthening, Hard Tissue	\$158	D4341	Periodontal Scaling and Root Planing - 4 or More Teeth - Per Quadrant	\$53
D4260 (1)	Osseous Surgery (Including Flap Entry and Closure) - 4 or More Teeth - Per Quadrant	\$263	D4342	Periodontal Scaling and Root Planing - 1-3 Teeth - Per Quadrant	\$32
D4261 (1)	Osseous Surgery (Including Flap Entry and Closure) - 1-3 Teeth - Per Quadrant	\$158	D4355	Debridement	\$70
D4268 (1)	Surgical Revision Procedure, Per Tooth	\$105	D4910	Periodontal Maintenance	\$33
D4270 (1)	Pedicle Soft Tissue Graft Procedure	\$200	D4920	Unscheduled Dressing Change (By Someone Other Than Treating Dentist)	\$11
D4273 (1)	Subepithelial Connective Tissue Graft, Per Tooth	\$121			

(1) Certain services may be covered under the Medical Plan. Contact Member Services for more details.

PROSTHODONTICS-REMOVABLE (2)

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO® Dental Benefits Summary

D5110	Complete Denture - Maxillary	\$318	D5223-D5224	Immediate max/mand partial denture - cast base framework w/resin denture base (including any conventional clasps, rests and teeth)	\$393
D5120	Complete Denture - Mandibular	\$318	D5225	Maxillary Partial Denture - Flexible Base (including any clasps, rests and teeth)	\$363
D5130	Immediate Denture - Maxillary	\$342	D5226	Mandibular Partial Denture - Flexible Base (including any clasps, rests and teeth)	\$363
D5140	Immediate Denture - Mandibular	\$342	D5282-83	Removable Unilateral Partial Denture - One Piece Cast Metal (including clasps and teeth)	\$318
D5211	Maxillary Partial Denture - Resin Base (including any conventional clasps, rests and teeth)	\$318	D5410	Adjust Complete Denture - Maxillary	\$11
D5212	Mandibular Partial Denture - Resin Base (including any conventional clasps, rests and teeth)	\$318	D5411	Adjust Complete Denture - Mandibular	\$11
D5213	Maxillary Partial Denture - Cast Metal Framework with Resin Denture Bases (including any conventional clasps, rests and teeth)	\$342	D5421	Adjust Partial Denture - Maxillary	\$11
D5214	Mandibular Partial Denture - Cast Metal Framework with Resin Denture Bases (including any conventional clasps, rests and teeth)	\$342	D5422	Adjust Partial Denture - Mandibular	\$11
D5221-D5222	Immediate max/mand partial dental - resin base (including any conventional clasps, rests and teeth)	\$366			

(2) Includes relines, adjustments, rebases within the 1st six months. Adjustments to dentures that are done within six months of placement of the denture, are limited to no more than four adjustments.

REPAIRS TO PROSTHETICS

D5511-D5512	Repair Broken Complete Denture Base	\$45	D5730	Reline Complete Maxillary Denture (Chairside)	\$66
D5520	Replace Missing or Broken Teeth - Complete Denture (each tooth)	\$45	D5731	Reline Complete Mandibular Denture (Chairside)	\$66
D5611-D5612	Repair Resin Partial Denture Base	\$45	D5740	Reline Maxillary Partial Denture (Chairside)	\$66
D5621-D5622	Repair Cast Partial Framework	\$45	D5741	Reline Mandibular Partial Denture (Chairside)	\$66
D5630	Repair or Replace Broken Clasp	\$45	D5750	Reline Complete Maxillary Denture (Lab)	\$110
D5640	Replace Broken Teeth - Per Tooth	\$50	D5751	Reline Complete Mandibular Denture (Lab)	\$110
D5650	Add Tooth to Existing Partial Denture	\$45	D5760	Reline Maxillary Partial Denture (Lab)	\$110
D5660	Add Clasp to Existing Partial Denture	\$50	D5761	Reline Mandibular Partial Denture (Lab)	\$110
D5670	Replace All Teeth and Acrylic on Cast Metal Framework (Maxillary)	\$110	D5820	Interim Partial Denture (Maxillary) (3)	\$132
D5671	Replace All Teeth and Acrylic on Cast Metal Framework (Mandibular)	\$110	D5821	Interim Partial Denture (Mandibular) (3)	\$132
D5710	Rebase Complete Maxillary Denture	\$110	D5850	Tissue Conditioning, Maxillary	\$61
D5711	Rebase Complete Mandibular Denture	\$110	D5851	Tissue Conditioning, Mandibular	\$61
D5720	Rebase Maxillary Partial Denture	\$110	D5876	Add metal substructure to acrylic full denture (per arch)	\$40
D5721	Rebase Mandibular Partial Denture	\$110			

(3) Eligible on Anterior Teeth only.

ORAL SURGERY

D7111	Extraction, Coronal Remnants - Deciduous Tooth	No Charge	D7285 (1)	Biopsy of Oral Tissue - Hard (Bone, Tooth)	\$88
D7140	Extraction, Erupted Tooth or Exposed Root (Elevation and/or Forceps Removal)	No Charge	D7286 (1)	Biopsy of Oral Tissue - Soft	\$88
D7210 (1)	Surgical Removal of Erupted Tooth	\$57	D7287 (1)	Cytological Sample Collection	\$44
D7220 (1)	Removal of Impacted Tooth - Soft Tissue	\$65	D7310 (1)	Alveoloplasty in Conjunction With Extractions - 4 or More Teeth or Tooth Spaces - Per Quadrant	\$66
D7230 (1)	Removal of Impacted Tooth - Partially Bony	\$94	D7311 (1)	Alveoloplasty in Conjunction With Extractions - 1 to 3 Teeth or Tooth Spaces - Per Quadrant	\$33
D7240 (1)	Removal of Impacted Tooth - Completely Bony	\$145	D7320 (1)	Alveoloplasty Not in Conjunction With Extractions - 4 or More Teeth or Tooth Spaces - Per Quadrant	\$83

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO® Dental Benefits Summary

D7241 (1)	Removal of Impacted Tooth - Completely Bony, With Unusual Surgical Complications	\$145	D7321 (1)	Alveoloplasty Not in Conjunction With Extractions - 1-3 Teeth or Tooth Spaces - Per Quadrant	\$42
D7250 (1)	Surgical Removal of Residual Tooth Roots	\$59	D7510 (1)	Incision and Drainage of Abscess - Intraoral Soft Tissue	\$33
D7251	Coronectomy - intentional partial tooth removal	\$66	D7511 (1)	Incision and Drainage of Abscess - Intraoral Soft Tissue - Complicated	\$36
D7280 (1)	Surgical Access of Unerupted Tooth	\$62	D7960 (1)	Frenulectomy (Frenectomy, Frenotomy) Separate Procedure	\$99
D7282 (1)	Mobilization of Erupted or Malpositioned Tooth to Aid Eruption	\$77	D7963 (1)	Frenuloplasty	\$105
D7283	Placement of Device to Facilitate Eruption of Impacted Tooth	\$15			

(1) Certain services may be covered under the Medical Plan. Contact Member Services for more details.

OTHER (ADJUNCTIVE) SERVICES

D9110	Palliative (Emergency) Treatment of Dental Pain - minor procedure	\$11	D9942	Repair and/or Reline of Occlusal Guard	\$22
D9222	Deep sedation/general anesthesia - 1st 15 min	\$109	D9943	Occlusal guard adjustment	\$19
D9223	Deep sedation/general anesthesia - each 15 minute increment	\$87	D9944	Occlusal guard – hard appliance, full arch	\$173
D9239	Intravenous conscious sedation/analgesia - 1st 15 min	\$109	D9945	Occlusal guard – soft appliance, full arch	\$150
D9243	Intravenous conscious sedation/analgesia - each 15 minute increment	\$87	D9946	Occlusal guard – hard appliance, partial arch	\$90
D9310	Consultation - Diagnostic Service Provided by Dentist or Physician Other Than Requesting Dentist or Physician	No Charge	D9951	Occlusal Adjustment - limited	\$35
D9311	Consultation with a medical health care professional	No Charge	D9952	Occlusal Adjustment - complete	\$96
D9932-D9935	Denture cleaning and inspection	\$25			

ORTHODONTICS

	Orthodontic Screening Exam	\$30			
	Diagnostic Records	\$150			
	Comprehensive Orthodontic Treatment				
	Adolescent (appliance must be placed prior to age 20)	\$1,545			
	Adult	N/A			
	Orthodontic Retention	\$275			

Other Important Information

This Benefit summary of the Aetna Dental Maintenance Organization (DMO®) provides information on benefits provided when services are rendered by a participating dentist. In order for a covered person to be eligible for benefits, dental services must be provided by a primary care dentist selected from the network of participating DMO dentists. Out of network benefits may apply. Please refer to your Schedule of Benefits.

Employees in AZ, CA, GA, MA, MD, MO, NC, NJ and TX must either live or work within the approved DMO® service area to be eligible to enroll in the DMO®

Due to state law, limited (varying by state) DMO® benefits for non-emergency services rendered by non-participating providers are available for plan contracts written in: CT, IL, KY, MA and OH and for members residing in OK (regardless of contract situs state).

Attention Massachusetts residents: Before enrolling, you should be aware that our network of preferred providers in Massachusetts has providers mainly in the following counties: Barnstable, Berkshire, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk and Worcester. Your out of pocket expenses will be higher if you do not see an in-network provider and, in some plans, benefits may not be available at all for out-of-network providers.

PLAN EXCLUSIONS AND LIMITATIONS*

Some Services Not Covered Under the Plan Are:

- Services or supplies that are covered in whole or in part:
 - under any other part of this Dental Care Plan; or

*"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO® Dental Benefits Summary

(b) under any other plan of group benefits provided by or through your employer.
2. Services and supplies to diagnose or treat a disease or injury that is not: (a) a non-occupational disease; or (b) a non-occupational injury.
3. Services not listed in the Dental Care Schedule that applies, unless otherwise specified in the Booklet-Certificate.
4. Those for replacement of a lost, missing or stolen appliance, and those for replacement of appliances that have been damaged due to abuse, misuse or neglect.
5. Those for plastic, reconstructive or cosmetic surgery, or other dental services or supplies, that are primarily intended to improve, alter or enhance appearance. This applies whether or not the services and supplies are for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered cosmetic.
6. Those for or in connection with services, procedures, drugs or other supplies that are determined by Aetna to be experimental or still under clinical investigation by health professionals.
7. Those for dentures, crowns, inlays, onlays, bridgework, or other appliances or services used for the purpose of splinting, to alter vertical dimension, to restore occlusion, or to correct attrition, abrasion or erosion. Does not apply to CA contracts.
8. Those for any of the following services (Does not apply to TX contracts): (a) An appliance or modification of one if an impression for it was made before the person became a covered person; (b) A crown, bridge, or cast or processed restoration if a tooth was prepared for it before the person became a covered person; (c) Root canal therapy if the pulp chamber for it was opened before the person became a covered person.
9. Services that Aetna defines as not necessary for the diagnosis, care or treatment of the condition involved. This applies even if they are prescribed, recommended or approved by the attending physician or dentist.
10. Those for services intended for treatment of any jaw joint disorder, unless otherwise specified in the Booklet-Certificate.
11. Those for space maintainers, except when needed to preserve space resulting from the premature loss of deciduous teeth.
12. Those for orthodontic treatment, unless otherwise specified in the Booklet-Certificate.
13. Those for general anesthesia and intravenous sedation, unless specifically covered. For plans that cover these services, they will not be eligible for benefits unless done in conjunction with another necessary covered service.
14. Those for treatment by other than a dentist, except that scaling or cleaning of teeth and topical application of fluoride may be done by a licensed dental hygienist. In this case, the treatment must be given under the supervision and guidance of a dentist.
15. Those in connection with a service given to a dependent age 5 or older if that dependent becomes a covered dependent other than: (a) during the first 31 days the dependent is eligible for this coverage, or (b) as prescribed for any period of open enrollment agreed to by the employer and Aetna. This does not apply to charges incurred: (i) after the end of the 12-month period starting on the date the dependent became a covered dependent; or (ii) as a result of accidental injuries sustained while the dependent was a covered dependent; or (iii) for a primary care service in the Dental Care Schedule that applies as shown under the headings Visits and Exams, and X-rays and Pathology.
16. Services given by a nonparticipating dental provider to the extent that the charges exceed the amount payable for the services shown in the Dental Care Schedule that applies.
17. Those for a crown, cast or processed restoration unless: (a) It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material; or (b) The tooth is an abutment to a covered partial denture or fixed bridge.
18. Those for pontics, crowns, cast or processed restorations made with high-noble metals, unless otherwise specified in the Booklet-Certificate.
19. Those for surgical removal of impacted wisdom teeth only for orthodontic reasons, unless otherwise specified in the Booklet-Certificate.
20. Services needed solely in connection with non-covered services.
21. Services done where there is no evidence of pathology, dysfunction or disease other than covered preventive services. Does not apply to CA contracts.
Any exclusion above will not apply to the extent that coverage of the charge is required under any law that applies to the coverage.
*This is a partial list of exclusions and limitations, others may apply. Please check your plan booklet for details.
A partial list of what your plan doesn't cover* – some eligible dental service exceptions and exclusions
1. Charges for services or supplies <ul style="list-style-type: none"> • Provided by a network provider in excess of the negotiated charge. • Provided by an out-of-network provider in excess of the recognized charge. • Provided for your personal comfort or convenience, or the convenience of any other person, including a dental provider • Provided in connection with treatment or care that is not covered under the plan • Cancelled or missed appointment charges or charges to complete claim forms • Charges for which you have no legal obligation to pay • Charges that would not be made if you did not have coverage, including: <ul style="list-style-type: none"> - Care in charitable institutions - Care for conditions related to current or previous military service

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**DMO[®] Dental Benefits Summary**

2. Any charge in excess of any benefit, dollar, visit, or frequency limit stated in the schedule of benefits.
3. Cosmetic services and supplies including: <ul style="list-style-type: none">• Plastic surgery• Reconstructive surgery• Cosmetic surgery• Personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance• Augmentation and vestibuloplasty and other services to protect, clean, whiten, bleach or alter the appearance of teeth whether or not for psychological or emotional reasons• Facings on molar crowns and pontics will always be considered cosmetic.
4. Court-ordered services and supplies - Includes those court-ordered services and supplies, or those required as a condition of parole, probation, release or as a result of any legal proceeding.
5. Acupuncture, acupressure and acupuncture therapy
6. Crown, inlays and onlays, and veneers unless for one of the following: <ul style="list-style-type: none">• It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material• The tooth is an abutment to a covered partial denture or fixed bridge.
7. Dental implants, false teeth, prosthetic restoration of dental implants, plates, dentures, braces, mouth guards, and other devices to protect, replace or reposition teeth and removal of implants.
8. Dentures, crowns, inlays, onlays, bridges, or other prosthetic appliances or services used for the purpose of splinting, to alter vertical dimension, to restore occlusion, or correcting attrition, abrasion, or erosion. (Does not apply to California residents covered under the DMO plan)
9. Dental work that began before you were covered by the plan. This means that the following dental work is not covered (Does not apply to Texas residents covered under the DMO plan): <ul style="list-style-type: none">• An appliance, or modification of an appliance, if an impression for it was made before you were covered by the plan• A crown, bridge, or cast or processed restoration, if a tooth was prepared for it before you were covered by the plan• Root canal therapy, if the pulp chamber for it was opened before you were covered by the plan
10. First installation of a denture or fixed bridge, and any inlay and crown that serves as an abutment to replace congenitally missing teeth or to replace teeth, all of which were lost while you were not covered.
11. General anesthesia and intravenous sedation, unless specifically covered and done in connection with another eligible dental service.
12. Instruction for diet, tobacco counseling and oral hygiene.
13. Orthodontic treatment except as covered in the Eligible Dental Services section of the schedule of benefits.
14. Dental services and supplies made with high noble metals (gold or titanium) except as covered in the Eligible Dental Services section of the schedule of benefits.
15. Services and supplies provided in connection with treatment or care that is not covered under the plan.
16. Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures.
17. Replacement of teeth beyond the normal complement of 32.
18. Services and supplies provided where there is no evidence of pathology, dysfunction or disease, other than covered preventive services. (Does not apply to California residents covered under the DMO plan)
19. Space maintainers except when needed to preserve space resulting from the premature loss of deciduous teeth.
20. Surgical removal of impacted wisdom teeth when removed only for orthodontic reasons.
21. Temporomandibular joint dysfunction/disorder
22. Dental services and supplies that are covered in whole or in part: <ul style="list-style-type: none">• Under any other part of this plan• Under any other plan of group benefits provided by the policyholder
23. Experimental or investigational drugs, devices, treatments or procedures. (Does not apply to Texas residents covered under the DMO plan)
24. Services, including but not limited to, those treatments, services, prescription drugs and supplies which are not medically necessary (as determined by Aetna) for the diagnosis and treatment of illness, injury, restoration of physiological functions, or covered preventive services. This applies even if they are prescribed, recommended or approved by your physician or dentist.
25. Payment for a portion of the charge that another party is responsible for as the primary payer.
26. Prescribed drugs, pre-medication or analgesia.
27. Treatment by other than a dentist. However, the plan will cover some services provided by a licensed dental hygienist under the supervision and guidance of a dentist. These are: <ul style="list-style-type: none">• Scaling of teeth• Cleaning of teeth• Topical application of fluoride.
28. Work related illness or injuries.
Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.



DMO[®] Dental Benefits Summary

*This is a partial list of exclusions and limitations, others may apply. Please check your plan booklet for details.

Specialty Referrals

1. Under the DMO dental plan, services performed by specialists are eligible for coverage only when prescribed by the primary care dentist and authorized by Aetna Dental. If Aetna's payment to the specialty dentist is based on a negotiated fee, then the member's copayment for the service will be based on the same negotiated fee.
2. DMO members may visit an orthodontist without first obtaining a referral from their primary care dentist. In an effort to ease the administrative burden on both participating Aetna dentists and members, Dental has opened direct access for DMO members to orthodontic services.

Emergency Dental Care

If you need emergency dental care for the palliative treatment (pain relieving, stabilizing) of a dental emergency, you are covered 24 hours a day, 7 days a week. You should contact your Primary Care Dentist to receive treatment. If you are unable to contact your PCD, contact Member Services for assistance in locating a dentist. Refer to your plan documents for details. Subject to state requirements. Out-of-area emergency dental care may be reviewed by our dental consultants to verify appropriateness of treatment.

Your Dental Care Plan Coverage Is Subject to the Following Rules:

Replacement Rule

The replacement of; addition to; or modification of:
existing dentures;
crowns;
casts or processed restorations;
removable denture;
fixed bridgework; or
other prosthetic services
is covered only if one of the following terms is met:

The replacement or addition of teeth is required to replace one or more teeth extracted after the existing denture or bridgework was installed. This coverage must have been in force for the covered person when the extraction took place.

The existing denture, crown; cast or processed restoration, removable denture, bridgework, or other prosthetic service cannot be made serviceable, and was installed at least 5 years before its replacement.

The existing denture is an immediate temporary one to replace one or more natural teeth extracted while the person is covered, and cannot be made permanent, and replacement by a permanent denture is required. The replacement must take place within 12 months from the date of initial installation of the immediate temporary denture.

The extraction of a third molar does not qualify. Any such appliance or fixed bridge must include the replacement of an extracted tooth or teeth.

Tooth Missing But Not Replaced Rule (Does not apply to TX and CA contracts.)

Coverage for the first installation of removable dentures; fixed bridgework and other prosthetic services is subject to the requirements that such removable dentures; fixed bridgework and other prosthetic services are (i) needed to replace one or more natural teeth that were removed while this policy was in force for the covered person; and (ii) are not abutments to a partial denture; removable bridge; or fixed bridge installed during the prior 5 years.

Alternate Treatment Rule: If more than one service can be used to treat a covered person's dental condition, Aetna may decide to authorize coverage only for a less costly covered service provided that all of the following terms are met:

- (a) the service must be listed on the Dental Care Schedule;
- (b) the service selected must be deemed by the dental profession to be an appropriate method of treatment; and
- (c) the service selected must meet broadly accepted national standards of dental practice.

If treatment is being given by a participating dental provider and the covered person asks for a more costly covered service than that for which coverage is approved, the specific copayment for such service will consist of:

- (a) the copayment for the approved less costly service; plus
- (b) the difference in cost between the approved less costly service and the more costly covered service.

Alternate treatment rule: Sometimes there are several ways to treat a dental problem, all of which provide acceptable results.

- If a charge is made for a non-eligible dental service or supply and an eligible dental service that would provide an acceptable result, then your plan will pay a benefit for the eligible dental service or supply.
- If a charge is made for an eligible dental service but another eligible dental service that would provide an acceptable result is less expensive, the benefit will be for the least expensive eligible dental service.
- You should review the differences in the cost of alternate treatment with your dental provider. Of course, you and your dental provider can still choose the more costly treatment method. You are responsible for any charges in excess of what your plan will cover.

"Patient Pays" applies to procedures provided by the member's Primary Care Dentist or approved specialty dentist.

**DMO[®] Dental Benefits Summary**

Replacement rule: Some eligible dental services are subject to your plan's replacement rule. The replacement rule applies to replacements of, or additions to existing:

- Crowns
- Inlays
- Onlays
- Veneers
- Complete dentures
- Removable partial dentures
- Fixed partial dentures (bridges)
- Other prosthetic services

These eligible dental services are covered only when you give us proof that:

- While you were covered by the plan:
 - You had a tooth (or teeth) extracted after the existing denture or bridge was installed.
 - As a result, you need to replace or add teeth to your denture or bridge.
- The present item cannot be made serviceable, and is:
 - A crown installed at least 5 years before its replacement.
 - An inlay, onlay, veneer, complete denture, removable partial denture, fixed partial denture (bridge), or other prosthetic item installed at least 5 years before its replacement.
- While you were covered by the plan:
 - You had a tooth (or teeth) extracted.
 - Your present denture is an immediate temporary one that replaces that tooth (or teeth).
 - A permanent denture is needed, and the temporary denture cannot be used as a permanent denture. Replacement must occur within 12 months from the date that the temporary denture was installed.

Tooth missing but not replaced rule: (Does not apply to California and Texas residents covered under the DMO plan)

The first installation of complete dentures, removable partial dentures, fixed partial dentures (bridges), and other prosthetic services will be covered if:

- The dentures, bridges or other prosthetic items are needed to replace one or more natural teeth. (The extraction of a third molar tooth does not qualify.)
- The tooth that was removed was not an abutment to a removable or fixed partial denture installed during the prior 5 years

Any such appliance or fixed bridge must include the replacement of an extracted tooth or teeth.

Late entrant rule: The plan does not cover services and supplies given to a person age 5 or older if that person did not enroll in the plan during one of the following:

- The first 31 days the person is eligible for this coverage or
- Any period of open enrollment agreed to by the employer and us

This does not apply to charges incurred for any of the following:

- After the person has been covered by the plan for 12 months
- As a result of injuries sustained while covered by the plan
- Diagnostic and preventive services such as exams, cleanings, fluoride, and images (excludes services related to orthodontia).

Finding Participating Providers

Consult Aetna Dental's online provider search for the most current provider listings. Participating providers are independent contractors in private practice and are neither employees nor agents of Aetna Dental or its affiliates. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice. Not every provider listed in the directory will be accepting new patients. Although Aetna Dental has identified providers who were not accepting patients in our DMO plan as known to Aetna Dental at the time the provider directory was created, the status of a provider's practice may have changed. For the most current information, please contact the selected provider or Aetna Member Services at the toll-free number on your online ID card, or use our Internet-based provider search available at www.aetna.com.

Specific products may not be available on both a self-funded and insured basis. The information in this document is subject to change without notice. In case of a conflict between your plan documents and this information, the plan documents will govern. In the event of a problem with coverage, members should contact Member Services at the toll-free number on their online ID cards for information on how to utilize the grievance procedure when appropriate. All member care and related decisions are the sole responsibility of participating providers. Aetna Dental does not provide health care services and, therefore, cannot guarantee any results or outcomes.

Dental plans are provided or administered by Aetna Life Insurance Company, Aetna Dental Inc., Aetna Dental of California Inc. and/or Aetna Health Inc.

In Arizona, DMO Dental Plans are provided or administered by Aetna Health Inc.



Dental Insurance – Aetna Dental PPO Plan

The Northeast District Council of the OPCMIA offers a Dental PPO Plan for retired members that live outside of the Aetna DMO dental network or who simply prefer to go to a provider that is not in the Aetna DMO dental network. The plan offers various benefits for different dental services and procedures.

Retired members who enroll in the Aetna Dental PPO Plan can see a doctor of their choice. Most services are subject to an annual deductible and have an annual maximum of \$2,000. This plan offers out-of-network coverage too, however when seeing an out-of-network provider you are subject to a higher annual deductible amount. The most liberal benefits are paid when you use a network provider. If there is a service that you do not see, contact your Benefit Administrator for clarification. Please refer to the following pages to see a detailed list of your Summary of Benefits for the Aetna PPO Dental Plan.

Note: Preventive care is not subject to the annual deductible.



Dental Benefits Summary

	Active PPO MAX With PPOII Network	
	Participating	Non-participating
Annual Deductible*		
Individual	\$50	\$100
Family	\$100	\$200
Preventive Services	100%	100%
Basic Services	80%	50%
Major Services	50%	50%
Annual Benefit Maximum	\$2,000	\$2,000
Office Visit Copay	N/A	N/A
Orthodontic Services**	50%	50%
Orthodontic Deductible	None	None
Orthodontic Lifetime Maximum	\$2,000	\$2,000

*The deductible applies to: Basic & Major services only
 **Orthodontia is covered only for children (appliance must be placed prior to age 20).

Partial List of Services	Active PPO MAX With PPOII Network	
	Participating	Non-participating
Preventive		
Oral examinations (a)	100%	100%
Cleanings (a) Adult/Child	100%	100%
Fluoride (a)	100%	100%
Sealants (permanent molars only) (a)	100%	100%
Bitewing Images (a)	100%	100%
Full mouth series Images (a)	100%	100%
Space Maintainers	100%	100%
Basic		
Root canal therapy		
Anterior teeth / Bicuspid teeth	80%	50%
Scaling and root planing (a)	80%	50%
Gingivectomy (a)*	80%	50%
Amalgam (silver) fillings	80%	50%
Composite fillings	80%	50%
Stainless steel crowns	80%	50%
Incision and drainage of abscess*	80%	50%
Uncomplicated extractions	80%	50%
Surgical removal of erupted tooth*	80%	50%
Surgical removal of impacted tooth (soft tissue)*	80%	50%
Major		
Inlays	50%	50%
Onlays	50%	50%
Crowns	50%	50%
Crown lengthening	50%	50%
Full & partial dentures	50%	50%
Pontics	50%	50%
Root canal therapy, molar teeth	50%	50%
Osseous surgery (a)*	50%	50%
Surgical removal of impacted tooth (partial bony/ full bony)*	50%	50%
General anesthesia/intravenous sedation*	50%	50%
Denture repairs	50%	50%
Crown Build-Ups	50%	50%
Implants	50%	50%

*Certain services may be covered under the Medical Plan. Contact Member Services for more details.
 (a) Frequency and/or age limitations may apply to these services. These limits are described in the booklet/certificate.

Dental Benefits Summary

Other Important Information

This Aetna Dental® Preferred Provider Organization (PPO) MAX benefits summary is provided by Aetna Life Insurance Company for some of the more frequently performed dental procedures. Under the Dental Preferred Provider Organization (PPO) MAX plan, you may choose at the time of service either a PPO participating dentist or any nonparticipating dentist. With the PPO MAX plan, savings are possible because the participating dentists have agreed to provide care for covered services at negotiated rates. Non-Participating coverage is limited to a maximum allowable charge (MAX) of the plan's payment, which is based on the contracted maximum fee for participating providers in the particular geographic area.

Emergency Dental Care

If you need emergency dental care for the palliative treatment (pain relieving, stabilizing) of a dental emergency, you are covered 24 hours a day, 7 days a week.

When emergency services are provided by a participating PPO dentist, your co-payment/coinsurance amount will be based on a negotiated fee schedule. When emergency services are provided by a non-participating dentist, you will be responsible for the difference between the plan payment and the dentist's usual charge. Refer to your plan documents for details. Subject to state requirements. Out-of-area emergency dental care may be reviewed by our dental consultants to verify appropriateness of treatment.

Partial List of Exclusions and Limitations* - Coverage is not provided for the following:

1. Services or supplies that are covered in whole or in part:
 - (a) under any other part of this Dental Care Plan; or
 - (b) under any other plan of group benefits provided by or through your employer.
2. Services and supplies to diagnose or treat a disease or injury that is not:
 - (a) a non-occupational disease; or
 - (b) a non-occupational injury.
3. Services not listed in the Dental Care Schedule that applies, unless otherwise specified in the Booklet-Certificate.
4. Those for replacement of a lost, missing or stolen appliance, and those for replacement of appliances that have been damaged due to abuse, misuse or neglect.
5. Those for plastic, reconstructive or cosmetic surgery, or other dental services or supplies, that are primarily intended to improve, alter or enhance appearance. This applies whether or not the services and supplies are for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered cosmetic.
6. Those for or in connection with services, procedures, drugs or other supplies that are determined by Aetna to be experimental or still under clinical investigation by health professionals.
7. Those for dentures, crowns, inlays, onlays, bridgework, or other appliances or services used for the purpose of splinting, to alter vertical dimension, to restore occlusion, or to correct attrition, abrasion or erosion.
8. Those for any of the following services (Does not apply to the DMO plan in TX):
 - (a) an appliance or modification of one if an impression for it was made before the person became a covered person;
 - (b) a crown, bridge, or cast or processed restoration if a tooth was prepared for it before the person became a covered person; or
 - (c) root canal therapy if the pulp chamber for it was opened before the person became a covered person.
9. Services that Aetna defines as not necessary for the diagnosis, care or treatment of the condition involved. This applies even if they are prescribed, recommended or approved by the attending physician or dentist.
10. Those for services intended for treatment of any jaw joint disorder, unless otherwise specified in the Booklet-Certificate.
11. Those for space maintainers, except when needed to preserve space resulting from the premature loss of deciduous teeth.
12. Those for orthodontic treatment, unless otherwise specified in the Booklet-Certificate.
13. Those for general anesthesia and intravenous sedation, unless specifically covered. For plans that cover these services, they will not be eligible for benefits unless done in conjunction with another necessary covered service.
14. Those for treatment by other than a dentist, except that scaling or cleaning of teeth and topical application of fluoride may be done by a licensed dental hygienist. In this case, the treatment must be given under the supervision and guidance of a dentist.
15. Those in connection with a service given to a person age 5 or older if that person becomes a covered person other than:
 - (a) during the first 31 days the person is eligible for this coverage, or
 - (b) as prescribed for any period of open enrollment agreed to by the employer and Aetna. This does not apply to charges incurred:
 - (i) after the end of the 12-month period starting on the date the person became a covered person; or
 - (ii) as a result of accidental injuries sustained while the person was a covered person; or

Dental Benefits Summary

(iii) for a primary care service in the Dental Care Schedule that applies as shown under the headings Visits and Exams, and X-rays and Pathology.

16. Services given by a nonparticipating dental provider to the extent that the charges exceed the amount payable for the services shown in the Dental Care Schedule that applies.
17. Those for a crown, cast or processed restoration unless:
 - (a) it is treatment for decay or traumatic injury, and teeth cannot be restored with a filling material; or
 - (b) the tooth is an abutment to a covered partial denture or fixed bridge.
18. Those for pontics, crowns, cast or processed restorations made with high-noble metals, unless otherwise specified in the Booklet-Certificate.
19. Those for surgical removal of impacted wisdom teeth only for orthodontic reasons, unless otherwise specified in the Booklet-Certificate.
20. Services needed solely in connection with non-covered services.
21. Services done where there is no evidence of pathology, dysfunction or disease other than covered preventive services.

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

*This is a partial list of exclusions and limitations, others may apply. Please check your plan booklet for details.

Your Dental Care Plan Coverage is Subject to the Following Rules:

Replacement Rule

The replacement of; addition to; or modification of: existing dentures; crowns; casts or processed restorations; removable denture; fixed bridgework; or other prosthetic services is covered only if one of the following terms is met:

The replacement or addition of teeth is required to replace one or more teeth extracted after the existing denture or bridgework was installed. This coverage must have been in force for the covered person when the extraction took place.

The existing denture, crown; cast or processed restoration, removable denture, bridgework, or other prosthetic service cannot be made serviceable, and was installed at least 5 years before its replacement.

The existing denture is an immediate temporary one to replace one or more natural teeth extracted while the person is covered, and cannot be made permanent, and replacement by a permanent denture is required. The replacement must take place within 12 months from the date of initial installation of the immediate temporary denture.

The extraction of a third molar does not qualify. Any such appliance or fixed bridge must include the replacement of an extracted tooth or teeth.

Tooth Missing But Not Replaced Rule

Coverage for the first installation of removable dentures; fixed bridgework and other prosthetic services is subject to the requirements that such removable dentures; fixed bridgework and other prosthetic services are (i) needed to replace one or more natural teeth that were removed while this policy was in force for the covered person; and (ii) are not abutments to a partial denture; removable bridge; or fixed bridge installed during the prior 5 years.

Alternate Treatment Rule: If more than one service can be used to treat a covered person's dental condition, Aetna may decide to authorize coverage only for a less costly covered service provided that all of the following terms are met:

- (a) the service must be listed on the Dental Care Schedule;
- (b) the service selected must be deemed by the dental profession to be an appropriate method of treatment; and
- (c) the service selected must meet broadly accepted national standards of dental practice.

If treatment is being given by a participating dental provider and the covered person asks for a more costly covered service than that for which coverage is approved, the specific copayment for such service will consist of:

- (a) the copayment for the approved less costly service; plus
- (b) the difference in cost between the approved less costly service and the more costly covered service.

Finding Participating Providers

Consult Aetna Dental's online provider search for the most current provider listings. Participating providers are independent contractors in private practice and are neither employees nor agents of Aetna Dental or its affiliates. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice. For the most current information, please contact the selected provider or Aetna Member Services at the toll-free number on your online ID card, or use our Internet-based provider search available at www.aetna.com.

Specific products may not be available on both a self-funded and insured basis. The information in this document is subject to change without notice. In case of a conflict between your plan documents and this information, the plan documents will govern.

In the event of a problem with coverage, members should contact Member Services at the toll-free number on their online ID cards for information on how to utilize the grievance procedure when appropriate.



Dental Benefits Summary

All member care and related decisions are the sole responsibility of participating providers. Aetna Dental does not provide health care services and, therefore, cannot guarantee any results or outcomes.

Dental plans are provided or administered by Aetna Life Insurance Company, Aetna Dental Inc., Aetna Dental of California Inc. and/or Aetna Health Inc.

In Texas, the Dental Preferred Provider Organization (PPO) is known as the Participating Dental Network (PDN), and is administered by Aetna Life Insurance Company.

This material is for informational purposes only and is neither an offer of coverage nor dental advice. It contains only a partial, general description of plan or program benefits and does not constitute a contract. The availability of a plan or program may vary by geographic service area. Certain dental plans are available only for groups of a certain size in accordance with underwriting guidelines. Some benefits are subject to limitations or exclusions. Consult the plan documents (Schedule of Benefits, Certificate/Evidence of Coverage, Booklet, Booklet-Certificate, Group Agreement, Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitations relating to your plan.

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call 877-238-6200.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,
P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),
1-800-648-7817, TTY: 711,
Fax: 859-425-3379 (CA HMO customers: 860-262-7705),
CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).

TTY: 711

To access language services at no cost to you, call the number on your ID card. (English)

Për shërbime përkthimi falas për ju, telefononi në numrin që gjendet në kartën tuaj të identitetit. (Albanian)

የቋንቋ አገልግሎቶችን ያለከፍያ ለማግኘት፣ በመታወቂያዎ ላይ ያለውን ቁጥር ይደውሉ። (Amharic)

للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك. (Arabic)

Ձեր նախընտրած լեզվով ավիճար խորհրդատվություն ստանալու համար զանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հեռախոսահամարով (Armenian)

Dental Benefits Summary

Tapno maakses dagiti serbisio ti pagsasao nga awanan ti bayadna, awagan ti numero nga adda ayan ti ID kardmo. (Ilocano)

Untuk mengakses layanan bahasa tanpa dikenakan biaya, silakan hubungi nomor telepon di kartu asuransi Anda. (Indonesian)

Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa. (Italian)

無料の言語サービスは、IDカードにある番号にお電話ください。 (Japanese)

vXw>urRM>usdmw>rRpXRtw>zH;w>rRwz.

무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오. (Korean)

I nyuu kosna mahola ni language services ngui nsaawogui wo, sebel i nsinga i ye ntilga i kat yong matibla (Kru-Bassa)

بو دەستگیر کړیښتن به څرنگه کوزاری زمان بهین نیچوون بو تو، پمپووندی بکه به ژماره ی سمر نای دی (ID) کارتی خوت. (Kurdish)

ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໃບໜາວປີໃຫຍ່ໃນບັດປະຈຳຕົວຂອງທ່ານ. (Lao)

आपल्याला कोणत्याही शुल्काशिवाय भाषा सेवांपर्यंत पोहोचण्यासाठी, आपल्या ID कार्डवरील क्रमांकावर फोन करा. (Marathi)

Nan bök jipañ kōn kajin ilo an ejjelok wōñean ñan kwe, kwōn kallok nōmba eo ilo kaat in ID eo am. (Marshallese)

Pwehn alehdi sawas en lokaia kan ni sohte pweipwei, koahlil nempe nan amhw doaropwe en ID. (Micronesian-Ponapean)

ដើម្បីទទួលបានសេវាភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្តាសម្គាល់ខ្លួនរបស់លោកអ្នក។ (Mon-Khmer, Cambodian)

T'11 ni nizaad k'ehj7 bee n7k1 a'doowof doo b33h 717n7g00 naaltsoos bee atah n7198go nanitin7g77 bee n44ho'd0lzin7g77 b44sh bee hane'7 bikl '7g77 laj8' h0lne'. (Navajo)

भाषासम्बन्धी सेवाहरूमाथि निःशुल्क पहुँच राख्न आफ्नो कार्डमा रहेको नम्बरमा कल गर्नुहोस्। (Nepali)

Tē kwoŋ yīn ran de wēēr de thokic ke cīn wēu kōr keek tēnōŋ yīn. Ke yīn cōl ran ye kōc kuōny nē namba de abac tō nē ID kard duōn de tīt de nyin de panakim kōu. (Nilotic-Dinka)

For tilgang til kostnadsfri språktjenester, ring nummeret på ID-kortet ditt. (Norwegian)

Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart. (Pennsylvanian-Dutch)

برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید. (Persian Farsi)

Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej. (Polish)

Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação. (Portuguese)

ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ। (Punjabi)

Pentru a accesa gratuit serviciile de limbă, apelați numărul de pe cardul de membru. (Romanian)



Dental Benefits Summary

Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте. (Russian)

Mō le mauaina o 'au'aunaga tau gagana e aunoa ma se totogi, vala'au le numera i luga o lau pepa ID. (Samoan)

Za besplatne prevodilačke usluge pozovite broj naveden na Vašoj identifikacionoj kartici. (Serbo-Croatian)

Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación. (Spanish)

Hee'ba a naasta nder ekkitol jaangirde woldeji walla yobugo, ewnu lamba je don windi ha do derowol maada. (Sudanic Fulfulde)

Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho. (Swahili)

(Syriac-Assyrian) ܩܘܦܬܐ ܗܘܕܘܡܐ ܙܐ ܠܘܒܗܐ ܒܝܠܐ ܡܠܝܦܐ ܩܘܩܘܡܐ ܩܘܦܬܐ ܗܘܕܘܡܐ ܙܐ ܠܘܒܗܐ ܒܝܠܐ ܡܠܝܦܐ ܩܘܩܘܡܐ ܩܘܦܬܐ ܗܘܕܘܡܐ ܙܐ ܠܘܒܗܐ ܒܝܠܐ ܡܠܝܦܐ ܩܘܩܘܡܐ

Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho. (Swahili)

Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card. (Tagalog)

బాష సేవలను మీకు ఖర్చు లేకుండా అందుకునేందుకు, మీ ఐడి కార్డుపై ఉన్న నంబరుకు కాల్ చేయండి. (Telugu)

หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่เสียค่าใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน (Thai)

Kapau 'oku ke fiema'u ta'etötöngi 'a e ngaahi sêvesi kotoa pē he ngaahi lea kotoa, telefoni ki he fika 'oku hā atu 'i ho'o ID kaati. (Tongan)

Dil hizmetlerine ücretsiz olarak erişmek için kimlik kartınızdaki numarayı arayın. (Turkish)

Щоб безкоштовні отримати мовні послуги, задзвоніть за номером, вказаним на вашій ідентифікаційній картці. (Ukrainian)

لسانی خدمات تک مُفت رسائی کے لیے، اپنے بیمہ کے ID کارڈ پر درج نمبر پر کال کریں۔ (Urdu)

Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị. (Vietnamese)

צו באקומען שפראך סערוויסעס פריי פון אפצאל, רופע דעם נומער אויף אייער ID קארטל. (Yiddish)

Láti ráyèsí àwọn iṣẹ̀ èdè fún ọ́ lórífẹ́, pe nọmbà tò wà lórí káádì idánimọ̀ rẹ. (Yoruba)

Empire

Blue Cross/Blue Shield

Vision Insurance – Empire Blue View Vision

The Northeast District Council of the OPCMIA also offers a Vision Plan through Empire Blue View Vision for retired members that are eligible to enroll. The plan offers various benefits for different vision services. Most services are covered 100% or are covered up to an allowable amount.

Please see the following pages to see a detailed list of your Vision Summary of Benefits for the Empire Blue View Vision Plan and instruction on how to find a Vision Provider Online.

Welcome to your Blue View Vision plan!

You have many choices when it comes to using your benefits. As a Blue View Vision plan member, you have access to one of the nation's largest vision networks. You may choose from many private practice doctors, local optical stores, and national retail stores including LensCrafters®, Target Optical®, and most Pearle Vision® locations. You may also use your in-network benefits to order eyewear online at Glasses.com and ContactsDirect.com. To locate a participating network eye care doctor or location, log in at empireblue.com, or from the home page menu under Care, select **Find a Doctor**. You may also call member services for assistance at 1-866-723-0515.

Out-of-Network – If you choose to, you may instead receive covered benefits outside of the Blue View Vision network. Just pay in full at the time of service, obtain an itemized receipt, and file a claim for reimbursement up to your maximum out-of-network allowance.

YOUR BLUE VIEW VISION PLAN BENEFITS	IN-NETWORK	OUT-OF-NETWORK	FREQUENCY
Routine Eye Exam			
A comprehensive eye examination	\$0 copay	Up to \$70 allowance	Once every 12 months
Eyeglass Frames			
One pair of eyeglass frames	\$175 allowance, then 20% off any remaining balance	Up to \$100 allowance	Once every 12 months
Eyeglass Lenses (instead of contact lenses)			
One pair of standard plastic prescription lenses:			
<ul style="list-style-type: none"> o Single vision lenses o Bifocal lenses o Trifocal lenses o Lenticular lenses 	<ul style="list-style-type: none"> \$0 copay \$0 copay \$0 copay \$0 copay 	<ul style="list-style-type: none"> Up to \$45 allowance Up to \$115 allowance Up to \$190 allowance Up to \$190 allowance 	Once every 12 months
Eyeglass Lens Enhancements			
When obtaining covered eyewear from a Blue View Vision provider, you may choose to add any of the following lens enhancements at no extra cost.			
<ul style="list-style-type: none"> o Transitions Lenses (for a child under age 19) o Standard polycarbonate (for a child under age 19) o Factory scratch coating 	<ul style="list-style-type: none"> \$0 copay \$0 copay \$0 copay 	No allowance when obtained out-of-network	Same as covered eyeglass lenses
Contact Lenses (instead of eyeglass lenses)			
Contact lens allowance will only be applied toward the first purchase of contacts made during a benefit period. Any unused amount remaining cannot be used for subsequent purchases in the same benefit period, nor can any unused amount be carried over to the following benefit period.			
<ul style="list-style-type: none"> o Elective conventional (non-disposable) 	\$175 allowance, then 15% off any remaining balance	Up to \$175 allowance	Once every 12 months
OR			
<ul style="list-style-type: none"> o Elective disposable 	\$175 allowance (no additional discount)	Up to \$175 allowance	
OR			
<ul style="list-style-type: none"> o Non-elective (medically necessary) 	Covered in full	Up to \$290 allowance	

This is a primary vision care benefit intended to cover only routine eye examinations and corrective eyewear. Blue View Vision is for routine eye care only. If you need medical treatment for your eyes, visit a participating eye care doctor from your medical network. Benefits are payable only for expenses incurred while the group and insured person's coverage is in force. This information is intended to be a brief outline of coverage. All terms and conditions of coverage, including benefits and exclusions, are contained in the member's policy, which shall control in the event of a conflict with this overview. This benefit overview is only one piece of your entire enrollment package.

EXCLUSIONS & LIMITATIONS (not a comprehensive list – please refer to the member Certificate of Coverage for a complete list)

Combined Offers. Not to be combined with any offer, coupon, or in-store advertisement.

Excess Amounts. Amounts in excess of covered vision expense.

Sunglasses. Plano sunglasses and accompanying frames.

Safety Glasses. Safety glasses and accompanying frames.

Not Specifically Listed. Services not specifically listed in this plan as

Lost or Broken Lenses or Frames. Any lost or broken lenses or frames are not eligible for replacement unless the insured person has reached his or her normal service interval as indicated in the plan design.

Non-Prescription Lenses. Any non-prescription lenses, eyeglasses or contacts. Plano lenses or lenses that have no refractive power.

Orthoptics. Orthoptics or vision training and any associated supplemental

covered services.

testing.

OPTIONAL SAVINGS AVAILABLE FROM BLUE VIEW VISION IN-NETWORK PROVIDERS ONLY		In-network Member Cost (after any applicable copay)
Retinal Imaging - at member's option can be performed at time of eye exam		Not more than \$39
Eyeglass lens upgrades When obtaining eyewear from a Blue View Vision provider, you may choose to upgrade your new eyeglass lenses at a discounted cost. Eyeglass lens copayment applies.	<ul style="list-style-type: none"> o Transitions lenses (Adults) o Standard Polycarbonate (Adults) o Tint (Solid and Gradient) o UV Coating o Progressive Lenses¹ <ul style="list-style-type: none"> o Standard o Premium Tier 1 o Premium Tier 2 o Premium Tier 3 o Premium Tier 4 o Anti-Reflective Coating² <ul style="list-style-type: none"> o Standard o Premium Tier 1 o Premium Tier 2 o Premium Tier 3 o Other Add-ons 	<ul style="list-style-type: none"> \$0 \$0 \$0 \$0 \$0 \$30 \$40 \$55 \$120 \$35 \$57 \$68 \$85 20% off retail price
Additional Pairs of Eyeglasses Anytime from any Blue View Vision network provider.	<ul style="list-style-type: none"> o Complete Pair o Eyeglass materials purchased separately 	<ul style="list-style-type: none"> 40% off retail price 20% off retail price
Eyewear Accessories	<ul style="list-style-type: none"> o Items such as non-prescription sunglasses, lens cleaning supplies, contact lens solutions, eyeglass cases, etc. 	20% off retail price
Contact lens fit and follow-up A contact lens fitting and up to two follow-up visits are available to you once a comprehensive eye exam has been completed.	<ul style="list-style-type: none"> o Standard contact lens fitting³ o Premium contact lens fitting⁴ 	<ul style="list-style-type: none"> Up to \$0 10% off retail price
Conventional Contact Lenses	<ul style="list-style-type: none"> o Discount applies to materials only 	15% off retail price

¹ Please ask your provider for his/her recommendation as well as the available progressive brands by tier.

² Please ask your provider for his/her recommendation as well as the available coating brands by tier.

³ Standard fitting includes spherical clear lenses for conventional wear and planned replacement. Examples include but are not limited to disposable and frequent replacement.

⁴ Premium fitting includes all lens designs, materials and specialty fittings other than standard contact lenses. Examples include but are not limited to toric and multifocal.

Discounts are subject to change without notice. Discounts are not 'covered benefits' under your vision plan and will not be listed in your certificate of coverage. Discounts will be offered from in-network providers except where state law prevents discounting of products and services that are not covered benefits under the plan. Discounts on frames will not apply if the manufacturer has imposed a no discount policy on sales at retail and independent provider locations. Some of our in-network providers include:



ADDITIONAL SAVINGS AVAILABLE THROUGH EMPIRE'S SPECIAL OFFERS PROGRAM *

Savings on items like additional eyewear after your benefits have been used, non-prescription sunglasses, hearing aids and even LASIK laser vision correction surgery are available through a variety of vendors. Just log in at empireblue.com, select discounts, then Vision, Hearing & Dental.

* Discounts cannot be used in conjunction with your covered benefits.

OUT-OF-NETWORK

If you choose to receive covered services or purchase covered eyewear from an out-of-network provider, network discounts will not apply and you will be responsible for payment of services and/or eyewear materials at the time of service. Please complete an out-of-network claim form and submit it along with your itemized receipt to the fax number, email address, or mailing address below. To download a claim form, log in at empireblue.com, or from the home page menu under Support select Forms, click Change State to choose your state, and then scroll down to Claims and select the Blue View Vision Out-of-Network Claim Form. You may instead call member services at 1-866-723-0515 to request a claim form.

To Fax: 866-293-7373
To Email: oonclaims@eyewearspecialoffers.com
To Mail: Blue View Vision
 Attn: OON Claims
 P.O. Box 8504
 Mason, OH 45040-7111

Vision

How to Find a Vision Provider Online

STEP 1

Visit empireblue.com/findadoctor (or visit empireblue.com, click Menu and then click "Find a Doctor")

- **Search as a Guest:** click on "search by selecting a plan/network"

Search as a Member

Log in or use your Member ID card to make sure you find a doctor or hospital in your network, which will help keep your cost down.

Username Password

Search using your ID Number or Alpha Prefix

Identification Number or Alpha Prefix (first three values)

Note: If you are a member with Medicaid or other state-sponsored programs, search with the prefix (for three values) of your identification number or search by selecting your network.

Search as a Guest by Selecting a Plan

Search by Selecting a Plan or Network.

STEP 2

When searching as guest, complete the following fields:

- What type of care are you searching for? Select "Vision"
- What state do you want to search in? Select a state
- What type of plan? Select "Vision"
- Select a plan/network – Blue View Vision

What type of care are you searching for?

What state do you want to search in?

What type of plan do you want to search with?

Select a plan/network

STEP 3

Select your search criteria and click "Search".

The screenshot shows the search criteria page. At the top, there are navigation links for Medicare, Individual & Family, Employers, Producers, Providers, and Medicaid. A "Log In" button is in the top right. The main heading is "I want to search this plan/network: Blue View Vision". Below this, there are several search filters: "I'm looking for a Vision Professional" (dropdown), "Who specializes in:" (dropdown with "All Specialties" selected), "Show specialty details" (checkbox), "Located near:" (input field with "11275"), "Within a distance of:" (dropdown with "20 Miles"), and "Whose name is:" (input field with "Enter Name (optional)").

STEP 4

View your search results.

The screenshot shows the search results page. At the top, there are navigation links for Medicare, Individual & Family, Employers, Producers, Providers, and Medicaid. A "Find a Doctor" button is in the top right. Below the navigation, there are links for "Modify Search" and "Search Results". The main heading is "Vision Professional". Below this, there is a summary: "1778 results in the Blue View Vision plan within 20 miles of 11275. Refine your search results using any combination of filters." There are two search results listed, each with a checkbox, name, gender, profession, address, and phone number. The first result is for MICHAL S ZYLINSKI O.D., Male, Optometrist, EMPIRE VISION CENTER, located 11.84 miles away at 2133 86TH ST, BROOKLYN, NY 11214, County: Kings, (718) 499-1525. The second result is for JOSEPH ZUPNICK O.D., Male, Optometrist, VISITING EYECARE SERVICE, located 12.45 miles away at 220 HEMPSTEAD AVE, WEST HEMPSTEAD, NY 11552, County: Nassau, (516) 565-2616. To the right of each result, it says "Services available: Exams And Materials, Discounts on non-covered services".



Basic Life/AD&D Insurance – Anthem Group Life Plan - Retirees

The Northeast District Council of the OPCMIA also offers a Group Life/AD&D plan for retired members. The plan offers a benefit if you were to pass away. The benefit is paid out to your designated beneficiary on file to help with the hardships during such a difficult time.

The following Group Life / AD&D plan is for those retired members who are pension eligible.

Note: Please update any beneficiary information to ensure that your benefit is paid to the correct person of your choice.



Group Name: Northeast District Council of the OPCMIA Welfare Fund

Plan Design

Basic Group Term Life

Class 3: Retirees

Benefit Schedule

Feature	Description
Basic Life benefits	
Basic life benefit	\$15,000
Guaranteed issue limit	\$15,000
Living benefit (accelerated death benefit)	Not Available
Waiver of premium	Not Available
Conversion	Included
Portability	Not Available
Age reductions	Benefits do not reduce due to age.
Employee contribution	Non-contributory
Participation requirement	100% of eligible employees must be enrolled for coverage
General Provisions	
Resource Advisor	Not Available
Travel Assistance	Not Available
Special Offers	Included
Rate guarantee	Rates in this Proposal are guaranteed for 24 months



Hospital Co-pay reimbursement

The Fund is offering a \$250.00 reimbursement of your out-of-pocket deductible per hospital admission. In order to make a claim for the hospital admission reimbursement offered by the Fund, please supply your Explanation of Benefits showing the hospital admission or bill. This documentation of deductibles should be sent directly to the Praetorian Guard Group, LLC using the contact information provided below:

By e-mail:

tdimattinapgg@optonline.net

emilylpgg@optonline.net

By fax:

1-980-444-0711

1-631-656-5514

As always, the Fund Office is available to assist you with any other questions that you may have. If you have questions, please contact the Fund Office at 516-775-2280.

CONTACT INFORMATION

CARRIER CONTACT	PHONE	WEB ADDRESS
Aetna Medical - Medicare	1-800-282-5366	www.aetnamedicare.com
Blue View Vision (Empire)	1-866-723-0515	www.empireblue.com
Aetna Dental	1-800-872-3862	www.aetna.com

NORTHEAST DISTRICT COUNCIL FO THE OPCMIA WELFARE FUND OFFICE		
CONTACT	PHONE	EMAIL
Lisa Parisi (Fund Manager)	1-516-775-2280	lisa.parisi@nedcfunds.org
Diane Ferchland	1-516-775-2280	diane@nedcfunds.org
100 Merrick Road, Suite 500 West, Rockville Centre, NY 11570		

BENEFIT CONSULTANT	PHONE	EMAIL
Praetorian Guard Group	631-656-3070 ext. 2000 631-656-3070 ext. 2001	tdimattinapgg@optonline.net emilylpgg@optonline.net